

# PHYSIOTHERAPY NEW ZEALAND ANNUAL REPORT 2010



## VISION

PHYSIOTHERAPY NEW ZEALAND WILL ADVANCE THE HEALTH OF ALL NEW ZEALANDERS THROUGH ENSURING MEMBERSHIP IS INFORMED, EDUCATED, REMUNERATED AND RECOGNISED AT A LEVEL THAT ALIGNS WITH THE FUTURE DEMAND FOR CARE.

## STRATEGIC OUTCOMES

1. HEALTHIER NEW ZEALANDERS THROUGH THE DELIVERY OF QUALITY PHYSIOTHERAPY SERVICES.
2. A HEALTHY, SUSTAINABLE PHYSIOTHERAPY WORKFORCE THAT IS ALIGNED TO MEET THE HEALTH NEEDS OF THE POPULATION.
3. PROMOTE THE VALUE AND UNDERSTANDING OF PHYSIOTHERAPY TO THE PUBLIC AND WIDER HEALTH SECTOR.
4. A STRONG VIBRANT SOCIETY THAT ADVANCES THE PROFESSION.

## BRAND NEW DIRECTIONS

It is a pleasure to present my first annual report, especially since this is the first one ever to use the name and brand of Physiotherapy New Zealand.

Physiotherapy New Zealand has shown leadership to advocate on behalf of the members and align ourselves to future health needs. The courage and resilience our members demonstrated in responding to change has been very impressive.

The year 2010 saw many changes for our profession, in both the public and private sectors.

Finalising the Strategy in Motion Strategic Plan 2010-2013 and Business Plan 2011 has created a solid structure for our decision making.

### Aligning with population health

We endorse the WCPT strategy identifying ways for physiotherapy to help prevent and treat chronic "lifestyle" diseases, a major worldwide public health problem. Physiotherapists are qualified health practitioners and our expertise is in physical rehabilitation. Research validates the importance of exercise and activity as a cost-effective and essential component in the treatment of osteoarthritis, musculoskeletal conditions and chronic illnesses. We are encouraging and preparing our members to take their rightful place as primary health care professionals.

### Consistent quality care

We made significant progress during the year towards ensuring the continuing high quality of physiotherapy services. Our Code of Ethics and our Standards of Practice are under revision. We promoted outcome measures in workshops throughout New Zealand. Our Conference brought together high quality presentations by internationally recognised researchers and clinicians across a range of clinical areas.

Physiotherapy New Zealand has advocated strongly for access by the public to timely, effective physiotherapy services.

In numerous meetings and submissions with ACC, the Ministry and other bodies, we have stressed the importance of promoting a sustainable physiotherapy profession to meet future health needs.

### How we view ourselves and how we are viewed

Our new name and branding, unveiled at the Conference, have been received enthusiastically by members. This clear, confident, contemporary image reflects a forward-looking profession, and conveys the vitality and movement we achieve for our patients. I commend the many groups and members who are using the brand so successfully.

Embedding the brand in our communications is a preliminary step towards ensuring that more people know about physiotherapists' wide range of services and their considerable benefits. Near the end of the year a workshop with marketing and communications specialists generated enthusiastic and fruitful discussion. A detailed plan will guide our promotions in 2011 and onwards.

### Cohesion within the profession

Because our Branches and Special Interest Groups are vital to the health of Physiotherapy New Zealand, we held two "Strengthening the Links" seminars, leading to improved communication and services. The groups' eagerness to contribute their ideas, learn, network and work towards the Society's goals was exemplified by the fact that each sent at least one representative.

### Partnership with Tae Ora Tinana

Since 2001 we have formally recognised in our Rules our responsibilities to the Treaty of Waitangi. For many years Tae Ora Tinana (formerly the Bicultural Committee), has helped us meet those responsibilities. Hence I am delighted to report that the foundation of a long-lasting partnership with Tae Ora Tinana was laid at a hui in November between the Kaitiaki and National Executive, where fundamental agreement was reached, to be finalised early in 2011.

### World Confederation for Physical Therapy (WCPT)

We work increasingly closely with the Australian Physiotherapy Association (APA). The APA Conference also provided a good forum for sharing ideas with other colleagues from our Asia Western Pacific Region and other WCPT members. It is so important for Physiotherapy New Zealand to play an active role and have a good understanding of global issues.

### Acknowledgements

My thanks to Karen McLeay and her incredible National Office team – Ailsa Cornell, Janet Copeland, Christine Clapcott, Amy Macklin and Joy Tedder – who tirelessly provide friendly and efficient services to members.

I have enjoyed working with all the National Executive – Martin Chadwick, Lynda Kirkman, Dave Nicholls, Lynne Taylor and Denis Kelly – and am deeply impressed by their level of commitment to enhance and provide leadership to the profession.

Of course we all owe thanks also to the other volunteers essential to Physiotherapy New Zealand: the Kaitiaki of Tae Ora Tinana and all those members who run Branches, Special Interest Groups, standing committees and working parties.

Dr Margot Skinner continued her admirable service to our region and the physiotherapy world on the WCPT Executive.

*Gill Stotter*  
President



Physiotherapy  
New Zealand  
brand launched at  
Conference in May

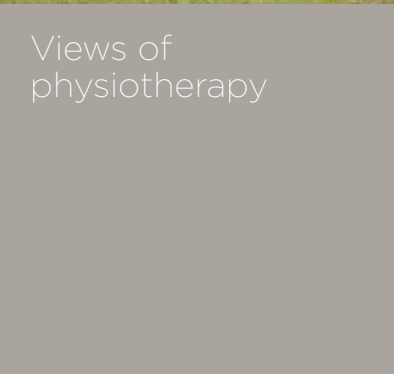


Theme:  
Movement for Life

Consistent  
quality care



Aligning with  
population health



Views of  
physiotherapy



Cohesion within  
the profession



Clear, confident,  
professional



# STRATEGY IN MOTION

After consultation with members, National Executive finalised the Strategy in Motion Strategic Plan 2010-2013 and Business Plan 2011. Accordingly, the strategic outcomes we are working towards form the headings of my report.

## 1. Healthier New Zealanders through the delivery of quality physiotherapy services

### Ethics and Standards

Dr Lynley Anderson, under contract to National Executive, has been reviewing the *Code of Ethics and Standards of Practice*. I would like to thank Tae Ora Tinana, all the SIGs, the Ethics Committee and other members who have provided input into this process. It will be very helpful to you all to have a revised and up-to-date Code of Ethics and Standards to assist you and guide your decision making.

### Outcome measures

Assisted by some sponsorship from ACC, National Office ran workshops throughout New Zealand, attended by more than half our members, to promote the understanding and use of outcome measures.

### "Working Together: Research and Practice" Conference

Formal and informal feedback on this conference, at Waipuna Hotel in Auckland in May, praised the variety and calibre of the speakers. The Trade Exhibit space was filled to capacity which contributed to Physiotherapy New Zealand making a small surplus.

### Networking and advocacy

Physiotherapy New Zealand representatives met frequently with officials from ACC and the Ministry of Health – to press for fairer and more consistent processes and to stay abreast of changes in the health sector that could impact on the physiotherapy sector. We also made a special effort to strengthen relationships with a variety of

other health professional organisations like NZ Orthopaedic Association and the NZ Nurses Organisation, and with consumer groups such as Arthritis New Zealand and Diabetes NZ. We continue to work within the Allied Health Professional Associations' Forum towards shared objectives. We made a number of submissions on behalf of the profession.

## 2. A healthy, sustainable physiotherapy workforce aligned to meet population health needs

### Physiotherapists as primary health care professionals

In Physio matters and on our website we have provided information and ideas for members on how to orient their practice more towards the health and disability sector, including smoking cessation advice resources. We have published a good deal of material about the sector, and articles from the perspective of consumers with a variety of conditions.

## 3. Promoting the value and understanding of physiotherapy to the public and wider health sector

### New name and brand

The brand has been integrated into all Physiotherapy New Zealand official communications. We have supplied personalised versions to Branches, Special Interest Groups, and individual members. We developed banners for National Office use and for groups to borrow, two new pamphlets, and two new posters. We distributed "Member of Physiotherapy New Zealand" stickers to all members.

The brand will be a strong and essential tool in the promotional campaign planned for 2011.

## 4. A strong vibrant Society that advances the profession

### Membership growth

At the end of 2010 we had 3154 members – a growth of 2% since the end of 2009.

### Communication and support

National Office has greatly improved the content and presentation of Physio matters, our website, and our electronic communications – and we plan further improvements. Increasingly, Branches and Special Interest Groups use our services to send their newsletters and other material to their members.

For the first time members could renew their memberships and update their personal profiles on our website, thanks to our new database which is integrated with the website.

We have focused considerable resources on supporting Special Interest Groups and Branches. The "Strengthening the Links" seminars gave their representatives the opportunity to compare notes, contribute suggestions and gain ideas about how to improve communication – amongst the groups as well as between them and National Office. National Office has introduced some new services as a result and more are planned. I have ensured they now have one point of contact at National Office for any requests.

### Acknowledgements

In our strong and vibrant Society, the most vital element is obviously our members. In particular we owe much to the President and National Executive, to the Kaitiaki of Tae Ora Tinana, to all the Branch and Special Interest Group officeholders and standing committees and working parties. I also thank my staff who make so many ideas happen.

Karen McLeay  
Executive Director







THE SOLID BEHIND-THE-SCENES WORK OF OUR  
STANDING COMMITTEES ENABLES THE SUCCESS  
OF PHYSIOTHERAPY NEW ZEALAND.

## COMMITTEE MEMBERSHIP FOR 2010

### **National Executive**

Gill Stotter – President from May  
Jonathan Warren – President until May  
Martin Chadwick – Vice President  
Lynda Kirkman  
Lynne Taylor  
David Nicholls – from May  
Helen Wheldon – until May  
Denis Kelly – from September

### **Tae Ora Tinana**

#### *Kaitiaki*

Lynda Kirkman  
Katrina Bryant  
Kate Haswell  
Ann McKellar  
Karen Rasmussen  
Leroy Lawrence  
Ema Moore  
Cathrine Waetford  
Andrea Havell

#### *Kaumatuā and Kuia*

Matua Bill Barlow  
Whaea Pat Barlow

### **Ethics Committee**

Andrew Jones – Chairperson  
Pat Cuniffe – lay representative  
Fy Dunford  
Heather Worley  
Glenn Barclay – lay representative  
Meredith Perry

### **Honorary Editorial Committee New Zealand Journal of Physiotherapy**

Dr J. Haxby Abbott, Editor (Chair)  
until March  
Dr Leigh Hale, Editor (Chair)  
from November  
Dr David Nicholls  
Dr Julie Reeve  
Dr Stephanie Woodley  
Janet Copeland – Policy and  
Research Advisor

### **Finance Committee**

Sheila Mann – Chairperson  
Gill Stotter  
Cheryl Hefford  
Alan Laurenson – lay representative  
Greg Lynch

### **ML Roberts Award Committee**

Jean Hay-Smith – Chairperson  
Janet Copeland – Policy and  
Research Advisor  
Lynley Bradnam

### **Scholarship Trust Committee**

Gill Stotter – President  
Sandra Bassett – Vice President  
Janet Copeland – Policy and  
Research Advisor  
Barry Donaldson  
Martin Chadwick  
Cathrine Waetford  
Stephan Milosavljevic

### **Physiotherapy New Zealand Medical Staffing International Award Committee**

Janet Copeland – Policy and  
Research Advisor  
Sheila Mann  
Jill Miller

## TAE ORA TINANA

Supported by the PNZ Bicultural Policy, Tae Ora Tinana works to terms of reference which are regularly reviewed. The terms of reference are: to develop a Māori identity within the physiotherapy profession and within Physiotherapy New Zealand; to actively increase, retain and support Māori to entry level, postgraduate and continuing education; and to promote strategies that enable Physiotherapy New Zealand to establish the Treaty of Waitangi as an integral part of its activities.

- Tae Ora Tinana continues actively to support Ngā Pou Mana, Māori allied health professionals. The 2010 hui-a-tau at Ngatokowaru Marae, Levin, was proud to have Professor Sir Mason Durie deliver the keynote address, "Ethics: A Tangata Whenua Perspective".
- Work towards formalising the relationship as Treaty partners between Tae Ora Tinana and National Executive was resumed with a hui in Wellington in November.



Hui with Auckland taura in May; Hui between Tae Ora Tinana and National Executive



### Activities and achievements

In 2010, Tae Ora Tinana has been served by eight kaitiaki supported by our Kaumatua and Kuia. One of the kaitiaki is a member of the Physiotherapy New Zealand National Executive and one is on the Physiotherapy Board.

- We conducted a survey of Māori members. 27 members responded.
- Operational hui were held prior to national conference in Auckland and Dunedin at which time we sought to meet with Māori physiotherapy students. 22 students from AUT accepted our invitation to hui before conference.
- Release of the new Physiotherapy New Zealand brand saw Tae Ora Tinana able to continue using our original colours.

### Plans

- Improving communication within Tae Ora Tinana and with Māori physiotherapists remains a priority. Review of our webpage should assist with this.
- We look forward to finalising the Partnership Agreement between Tae Ora Tinana and National Executive

*E Tū-rau-ngā-tao e, me pēwhea tāua e whiti ai?  
Tēnā anō kei ōna rōrātanga.*

*(How can we cross the river? At the place of its weakness, the ford.) – Difficult obstacles can be surmounted if one perseveres and all avenues are explored.*

.....  
*Lynda Kirkman  
Kaitiaki*

## ETHICS

### Activities and achievements

#### Policy

Lynley Anderson, former chair of the Ethics Committee and Senior Lecturer at Otago University's Bioethics Centre, began the process of thoroughly reviewing the *Code of Ethics* and *Guidelines for the Code of Ethical Principles* and the *Standards of Practice*. Key stakeholders including the Physiotherapy Board, Tae Ora Tinana, Special Interest Groups and Branches were interviewed to identify areas for development. Based on this information, drafting of a new code and standards has begun.

#### Advice & Education

We contributed Focus on Ethics columns to *Physio matters* highlighting potential ethical issues that may affect clinicians and students in their day-to-day practice: a review of why the code is essential; the need to truly inform patients when gaining consent; maintaining professional boundaries; and developing ethical practice in our undergraduates. Considerable feedback was received, highlighting the debate caused amongst members. It was also very positive to hear that the columns were sometimes used as the basis for in-service training.

#### Complaints

No complaints were reviewed by the committee in 2010. Any significant complaints were forwarded to the Physiotherapy Board for review.

#### Acknowledgements

Meredith Perry commenced work on the committee and two valuable members departed - Clare Kirk & Glenn Barclay. The entire committee appreciates their work over the years and will miss their contributions.

Pat Cunniffe, a long-standing lay member of our committee, was made an Honorary Life Member for her service to the Society, at the Physiotherapy New Zealand conference. Pat is an invaluable member of the committee, bringing a perspective that allows for truly robust discussions.

#### Plans

In 2011, our focus will be to finalise the new Code and associated education.

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*Andrew Jones*  
Chair

## JOURNAL NEW ZEALAND JOURNAL OF PHYSIOTHERAPY - VOLUME 38

### Activities and achievements

The three issues of the journal published included ten peer-reviewed articles, five Clinically Applicable Papers and many book reviews. In the third issue we introduced a new section, "Hand Made History," a series of retrospective pieces to mark the lead-up to the Journal's centenary. The NZJP Editorial Committee has been hard at work discussing the future direction of the Journal, and updating all processes and documents.

#### Acknowledgements

We wish to acknowledge and extend our thanks to Dr Haxby Abbott for his term as Editor of the New Zealand Journal of Physiotherapy. I took on the role as Editor in November.

The Physiotherapy New Zealand staff, Janet Copeland and Amy Macklin, have been invaluable in assisting with the smooth running of the Journal, particularly whilst there was a change in editorship. I extend my gratitude to them, as well as to the Editorial Committee for all their hard work too. I also thank Bryan Paynter for his important work as our Copy Editor.

#### Plans

The merger, proposed by Physiotherapy New Zealand and the Australian Physiotherapy Association, of the Australian Journal of Physiotherapy (now the Journal of Physiotherapy, rebranding as an international journal) with the NZJP will not occur in the foreseeable future. The NZJP will continue in its present form and will endeavour to attract more peer-reviewed articles for publication. We will also investigate the possibility of applying for the Journal to be listed on Medline.

We welcomed two new members to the Editorial Committee for 2011: Assoc Prof Stephan Milosavljevic and Dr Suzie Mudge. We are presently reviewing the International Advisory Board membership and expectations.

Contributing to our profession through peer-reviewed publication is challenging, educational, and hugely rewarding – we look forward to more members' submissions.

.....  
*Leigh Hale*  
Editor

## SCHOLARSHIP TRUST FUND

The Scholarship Trust Fund was established in 1980 to promote, encourage and assist members carry out physiotherapy research and contribute to physiotherapy education in New Zealand.

### Recipients of awards

The Scholarship Trust Fund Selection Committee met on 15 November to consider the applications made to the fund. The following awards amounting to a total of \$47,284 were made.

#### *Denise Taylor*

**Research project:** Do levels of brain derived neurotrophic factor change in response to physiotherapeutic exercise in people with stroke?

**Awarded:** \$8464

#### *Leigh Hale and Margot Skinner*

**Research project:** Body composition, balance, strength and falls in older adults with Parkinson's disease

**Awarded:** \$16,000

#### *Bronwyn Harman*

**Research project:** Relationships between pain perceptions, catastrophising, illness beliefs and treatment outcomes in a patient population undergoing total knee arthroplasty.

**Awarded:** \$3385

#### *Clare Foster*

**Research project:** Exploring Physiotherapists' Emotion Work in Private Practice

**Awarded:** \$1128

#### *David Nicholls*

**Research project:** Bleeding edge physiotherapy - a discourse analysis of innovative practice

**Awarded:** \$6100

#### *Denise Taylor*

**Research project:** Using focus groups to inform the development of a low cost telerehabilitation intervention for people with stroke that can be delivered in both city and rural locations.

**Awarded:** \$9535

#### *Elizabeth Binns*

**Travel award:** Payment towards her attendance to present at WCPT conference in Amsterdam

**Awarded:** \$2672

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#### *Janet Copeland*

*Policy and Research Advisor*

## M.L. ROBERTS PRIZE

The M.L. Roberts Prize was established in 1983, named in honour of Miss Mary Louise Roberts, first Principal of the New Zealand School of Physiotherapy.

The prize of a book voucher and one year's membership of the New Zealand Society of Physiotherapists (now known as Physiotherapy New Zealand) is awarded for the best research project carried out by a fourth-year physiotherapy undergraduate student or group of students from the two Schools of Physiotherapy.

In recognition of the different structure of the research component for fourth-year students at the University of Otago and AUT University, two awards are presented annually.

### Award winners

#### *School of Physiotherapy, AUT University*

Jessica Besley  
(Supervisors Professor Kathryn McPherson and Nicola Kayes)  
*Assessing Therapeutic Relationships in Physiotherapy.*

#### *School of Physiotherapy, University of Otago*

Benjamin Hones, Andrew Mc Master, Bridget Sugden and Celia Tomlinson  
(Supervisors Dr Tony Schneiders and Professor John Sullivan)

*The ability of clinical tests to diagnose stress fractures – A systematic review with meta-analysis*

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#### *Janet Copeland*

*Policy and Research Advisor*

## PHYSIOTHERAPY NEW ZEALAND/ MEDICAL STAFFING ACHIEVEMENT AWARD

This Award is sponsored by Medical Staffing International to the value of \$1000.

The winners of the 2010 Award were Paul Timothy and his colleagues from Burwood Hospital for their study:

*"Does hydrotherapy, in addition to dietetic intervention, improve body mass index, function and quality of life on obese patients awaiting primary hip or knee replacement?"*

WHEN NEW CHALLENGES ARISE, WORKING PARTIES OF MEMBERS, WITH THE REQUIRED ENTHUSIASM AND RELEVANT EXPERTISE, DEVELOP GUIDANCE FOR THE PROFESSION TO TACKLE THOSE CHALLENGES.

## PRIMARY HEALTH

### Working party members

Martin Chadwick, Chair; Helen Weldon, Lynda Kirkman, Bryce Milsom, Catie Noble, Glenn Thomas, Sam Doogue (part-year)

### Acknowledgements

Many thanks for the efforts by the group this year.

### Activities and achievements

The value of the work undertaken by this working group has become ever more evident in the continuing changes associated with the healthcare environment.

It has been satisfying to see the work continuing to build on the last piece, with the initial "Engaging in Primary Healthcare" report in 2009 progressing to the development of a suite of "tools" to assist members in 2010.

The ongoing work of the group continues to be focused on how members can be assisted and supported in identifying opportunities in the broader primary healthcare landscape. How to do this has been focused on two pieces of work:

- Firstly a lifestyle assessment tool that can guide practitioners on how to help their patients address some of the broader determinants of health.
- Secondly, to facilitate development of a suite of education modules to ensure that members have the necessary skills and knowledge (or simply update them) to be well placed to make the most of opportunities as they present.

### Plans

We plan to progress and roll out the suite of education modules in 2011. Further work is to be undertaken to understand the viability of creating an/or making available to members a lifestyle assessment tool.

Our outputs are achievable only through the hard work and enthusiasm of the group who truly desire to "bring sexy back" to the profession of physiotherapy.

.....  
*Martin Chadwick*  
Chair

## HISTORY 100 YEARS OF NEW ZEALAND PHYSIOTHERAPY 1913-2013

### Committee members

David Nicholls, Chair; Erik Dombroski; Barbara Hetherington; Gill Johnson; Billie McLeod; Ann McKellar.

### Acknowledgements

My thanks to Working Party members for their diligence and hard work, to Karen McLeay and the National Executive for their support for the project, and to Ailsa Cornell and Janet Copeland for their ongoing support and encouragement.

### Activities and achievements

2010 has been another busy year for us. By its end we had completed more than 40 oral history interviews and amassed nearly 500 physiotherapy books and dozens of boxes of personal files, including minutes and policy documents.

Karen Garthwaite, now a fourth-year student, continued work on post-production of the audio files, and helped maintain a catalogue of all files now in our archives.

We spent some time investigating storage options for all our files and looked at our current contract with the Hocken Library. Since freely available, secure, air-conditioned facilities are extremely hard to find, we resolved to continue with our present arrangements.

We have continued to contribute the Making History column to *Physio matters*, publishing pieces on physiotherapy and physical culture, Cora Wilding, and a brief two-part history of ACC, amongst others.

A large amount of work has begun to secure physiotherapy records held by Archives New Zealand in Wellington, which resulted in the temporary appointment of a doctoral graduate historian who will help us obtain access to embargoed files. This project is set to run well into 2011.

### Plans

With only two years left before our centenary celebrations, much of 2011 will be spent moving our massed archives onto the PNZ website – a complex and time-consuming process. We will continue with more than twenty scheduled oral history interviews, and with pursuing materials held in storage around New Zealand and abroad.

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*David Nicholls PhD MA GradDipPhys*  
Chair

OUR ELEVEN BRANCHES PROVIDE EDUCATION, NETWORKING AND LOCAL SUPPORT FOR ALL MEMBERS THROUGHOUT THE COUNTRY. BRANCH COMMITTEES ARE THE UNSUNG HEROES WHO MAKE ALL THIS HAPPEN.



## NORTHLAND

### Committee members

Ben Gray, Chairperson / Acting Secretary; Judith Bale, Treasurer; Bernadette Luxford; Brian De Vetter; Dale Kent-Smith; Holly West; Edith Rotgans; Jill Coenra; Neil Secker; Robyn Skerton; Vasantha Bjornholdt; Virginia Stanaway; Miranda Friend

### Activities and achievements

- March – Peter Larmer from AUT presented the Outcome Measures Workshop.
- AGM in April. Our speaker was Bob Sellars (Physiotherapist - FCE Systems NZ) on Chronic Pain and Functional Capacity Evaluation.
- April – Karen McLeay from National Office attended one of our committee meetings to present the future strategies for Physiotherapy New Zealand and seek feedback from Northland members.
- June – mid-winter education seminar with Virginia Stanaway (Physiotherapist – Northland DHB) presenting on the Radial Nerve, Robyn Skerton (Physiotherapist) reporting from the PNZ conference, and Ben Gray (Physiotherapist – Momentum Health) presenting a case study about Psychosocial Risk Factors.
- September – Richard Ellis (Physiotherapist – Neurodynamix) presented a weekend course on Neurodynamic assessment and treatment
- December – Allison Shipton (Physiotherapist – Active Physio Kerikeri) presented an evening seminar on Breathing Disorders
- As a group we continue to be invited to selected Continuing Medical Education (CME) meetings run by the Manaia PHO.
- Many of our members who live in the mid and far north of Northland are also involved with the Rural Nursing and Allied Health Consortium which has an annual weekend conference and a number of relevant educational opportunities throughout the year.

### Plans

- A DVD night on Cultural Competency is being planned for March.
- The AGM is being planned for late April – speaker to be confirmed but likely on the topic of aged care.
- We plan to provide a practical weekend course this year, as well as several smaller educational seminars.

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*Ben Gray*  
*Chairperson and Acting Secretary*

## NORTH SHORE

### Committee members

Rosemary Tritt, Chair; Jenny Mercer, Secretary; Trish Nicolson, Treasurer; Jenny Anderson; Shirley Challis; David Beattie; Viv Sheldon; Manasi Salvi (Student Representative)

### Activities and achievements

- The highlight was our meeting on World Physiotherapy Day in September. We decided to make this a celebration of physiotherapy and the College took advantage of this to present Fellowship awards to Peter Larmer and Duncan Reid. They also presented Janice Mueller with an award for her contribution to the College. Rosemary Tritt had the pleasure of awarding the first ever Emeritus Member of the North Shore Branch to Dr Wayne Hing for his services to the Branch over many years. We assembled a panel of eminent local physiotherapists, Dinah Bradley, Duncan Reid, David Abercrombie, Don McKenzie and Wayne Hing to talk about their experiences as physiotherapists and their thoughts on the profession in general. The lively discussion was both amusing and thought-provoking, but most of all, wonderfully positive. The fellowship at that meeting was quite special, and this is an aspect of our Branch activities deserving of more attention in future.
- At our AGM in November some members stood down, notably Rosemary and Trish who have had long professional careers and have given many years of service to the North Shore Branch. I thank them and the other committee members who have given so much over the years.

### Plans

The new Committee has many exciting ideas for 2011 to encourage participation of our members in Branch activities, through inspiring speakers and modern innovations including Facebook and Twitter to better communicate with our members.

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*David Beattie*  
*Chairperson*

## AUCKLAND

### Committee members

Amanda Brown, Chairperson; Sandie Alexander, Secretary; Susan Lugton, Treasurer; Jenny Andrew; Paula Beck; Moira Fahy; Konnie Howat; Lynne O’Sullivan.

Janet Rowley retired from the committee in 2010, due to family and work commitments. Her contribution is gratefully acknowledged.

### Activities and achievements

- In March, Dr Clinton Pinto, Musculoskeletal Radiologist, delivered a case-based presentation on “Anatomy and Imaging Findings in Shoulder Impingement Syndrome”.
- In April, Dr Alex Bartle from The Sleepwell Clinic, presented “Wake up to Sleep – the Latest Management of Sleep Disorders” and in May, Rachel Vickery spoke about “Breathing and Performance”.
- Dr Wayne Hing presented “Ultrasound Imaging – Clinical Implications and Research” in June
- We held our AGM in August when Karen McLeay, Executive Director of PNZ, provided an interactive session on “The Way Forward for Physiotherapy New Zealand”.
- In October Martin Chadwick, Janice Mueller and Jordan Salesa spoke about the Government Strategy for Primary Health Care – “Better, Sooner, More Convenient”.
- Four committee meetings were also held.
- In addition to our clinical evenings, we organised and subsidised three St. John’s Basic Life Support (CPR) courses in June, July and September. These were all well attended.
- Congratulations to Renee Vincent, our only Auckland Branch Scholarship fund applicant, who was awarded \$550 to assist attendance at courses in Perth.

### Plans

- In 2011, we aim to host at least four Branch evening meetings, with speakers of general interest.
- Additionally we are planning a Saturday Symposium in June, with speakers presenting physiotherapy topics relevant to the “Better, Sooner, More Convenient” Strategy.
- The Basic Life Support courses will be offered once we receive confirmation that they support accreditation standards.
- The committee welcomes both greater member attendance at Branch meetings and suggestions for activities and speakers at our clinical evenings.

Amanda Brown  
Chairperson

## WAIKATO BAY OF PLENTY

### Committee members

Nicky Nunn, Chair; Julia Williams, Secretary; Clare Ramsey, Treasurer; Shanel Cornille, Newsletter

### Activities and achievements

- New system of subgroup meetings across the region, instigated to reduce travel and promote educational and networking opportunities. For the most part this has worked well. Five subgroups – Hamilton, Tauranga, Thames/ Coromandal, Whakatane and Rotorua – were formed, organised by Julie Shepherd in Tauranga, Lizzie Eckersley and Jan Miller in Rotorua, Jenny Lucy in Te Aroha, Rebecca Davison and Jules Gladwin in Whakatane, Trish Johnson and me in Hamilton. Each area has had great presentations and speakers and attendance has been higher than for the corresponding Branch meetings the year before. Recently 84.6% of members responding to a survey said they would like the present format to remain.
- Kinesio-Taping KT1-2 course, organised with support from National Office
- Branch Rules ratified and registered
- Website developed for greater communication between Branch members
- DVDs for hire
- Old video library archived
- Physiotherapy advertised in newspapers
- Petition on behalf of our members regarding changes to College membership
- Monthly newsletter.

### Plans

Our mandate for the future is to continue with the sub branch format, developing educational and networking opportunities; and to increase the profile of physiotherapy in our region. To achieve this we need at least five more committee members and five area representatives.

In 2011 we would like to;

1. Focus on marketing the profession in this region,
2. Develop a focus group to facilitate local physiotherapy representation at DHB level.
3. Improve cohesiveness between the private and public sectors.

Nicola Nunn  
Chair

## HAWKE'S BAY

### Committee members

Justin Mills, President; Di Mackie, Secretary; Leanne Wait, Treasurer; Barbara Gardiner Public Liaison; Julie Moffett; Colin Tutchen; Raewyn Newcomb; Juliette Rawnsley; Barbara Mawson; Kirsty Reisima; Rachel Kyle; Lisa Eagle; Lee-Anne Taylor

### Acknowledgments

Thanks to all the committee as we have worked our way through some significant issues, especially Di and Leanne for continued management of everything on the committee; the rest of the committee for course management; and Kirsty for organising the committee dinner

### Activities and achievements

A challenging year for physiotherapy with ACC's first cuts and the continued bad press affecting the profession across the board.

We again had a great range of topics due to the diversity of our group. As logistics transpired we managed to put together another successful year.

- Kicked off with a slightly dry 'Outcome measures workshop' assisting us with the new ACC initiative to continue improving our treatment outcomes.
- When Karen McLeay was ill, Jon Warren and Edmond Otis kept us entertained for the evening with logo development and psychotherapy.
- John Cronin weekend course on exercise prescription proved most successful.
- John Gommans, HBDHB Medical Director who initiated the stroke guidelines and has worked in population-based outcomes completed the educational year.
- An education fund is now available next year for Branch members.

### Plans

2011 will be another challenging one for us all. With ACC not making too many changes for another two years it will be important for us all to make sure we continue to prove our worth and challenge their initiatives to aid the profession.

.....  
*Justin Mills*  
Chairperson

## MIDDLE DISTRICTS

### Committee members

Nick O'Neill (Wanganui), Chairperson; Phillippa Horne (Palmerston North), Secretary; Sasha Johnstone (Palmerston North), Treasurer; Lynne Powley (Wanganui); Sharon Taylor (New Plymouth); Jeremy Yung (Marton); Jill Woods (Pahiatua); Julia Smith (Palmerston North) – till July; Jenny Christie (New Plymouth) and Wayne Wolfsbauer (Palmerston North) – new.

The committee now has a good representation from all areas of the middle districts catchment.

### Activities and achievements

- At our first study day in Palmerston North, Dr Mike Cleary spoke on his role in the management of chronic pain, stressing the importance of a thorough medical history as a sieve; Judy Leader, nurse practitioner, spoke about "nerves behaving badly"; Karen McLeay shared her vision that we as a profession become a larger voice in the New Zealand healthcare system.
- At our second study day psychologist Tom Nesor gave a half-day presentation entitled, "Self care in hard times", on the effects of stress.
- "Strength and power training in neurological conditions" was an excellent one-day course presented by Suzie Mudge and Denise Taylor from the Neurology Group which drew an enthusiastic attendance from our whole region. The strong research base together with the practical applications of the material have real relevance both for our patients and or us as individuals.
- On World Physiotherapy Day Wanganui members held a promotion at Trafalgar Square shopping complex, focusing on educating the general public about "myths" associated with physiotherapy.
- Some of our members attended a two-day course in New Plymouth run by the Neuro Orthopaedic Institute Australasia, where renowned neuroscience researcher David Butler presented fascinating research-based information, strategies and anecdotes.

### Plans

Together with our AGM, Mark Oliver will present a Mulligan Concept course on sacroiliac joint management, with assistance from Jill McDowell and a guest appearance from Brian Mulligan.

.....  
*Nick O'Neill*  
Chair

## WELLINGTON

### Committee members

Bev Karl, Chairperson; Sue Doesburg, Treasurer; Andy Imrie, Newsletter editor; Louise Waghorn; Andrew MacDougall; Meredith Perry; George Matthews

### Activities and achievements

- Lynda Kirkman presented on diabetes at our AGM.
- Karen McLeay, Executive Director Physiotherapy New Zealand heard from members what direction they believed the Society should be taking into the future, and what services the society should be providing. There were a lot of changes occurring in the health and disability sector and it was very important that the Society adapted to ensure that it was well positioned to support changing needs. This gathering gave members a chance to meet Karen and to ask questions about the Society and where it was heading.
- The Branch again sponsored members to go on the Round the Bays fun run and walk.
- Unfortunately, due to insufficient interest, the Branch had to cancel the Vestibular Rehabilitation course.
- The Hutt Hospital smokefree co-ordinator presented a one-hour training session where members were certified for prescribing nicotine replacement therapy.
- Maurice Tuckwell presented diagnosis and structure with an energetic approach.
- Lorena Upjohn presented on cultural awareness. On the same evening four Otago IV year physiotherapy students presented a selection of projects covering many different aspects of primary health care.
- We have not awarded the Wellington Branch Cup for Community Service this year.
- Both applications to our research grant were successful.

### Plans

In 2011 we hope to hear about the research involved with the grants given last year. We may discuss working with an interpreter, pain management, and postgraduate study at Branch meetings.

.....  
*Beverley Karl*  
Chairperson

## NELSON MARLBOROUGH

### Committee members

Sheryl Wilson, President; Tracey Wilton, Secretary & Newsletter; Dorothy Litchwark, Treasurer; Jean Willy, Edith Mertens, Mike Monahan, Jacqui Sinclair, Kate Gordon, Bronwyn Tuck, Lindy Horrocks, Leonie van den Bergh

### Acknowledgements

It has been enjoyable working with the Committee and I thank them on behalf of the Branch for their efforts over the past year. Thank you for having me!

### Activities and achievements

After all the changes and drama of 2009, this year has seemed quite manageable.

- Our Shoulder Symposium in May was well attended, informative and enjoyable, attracting helpful feedback.
- Not many applications were received for our Education Fund.
- The rebranding of Physiotherapy New Zealand has been a big push and is the start of a positive era for our profession. It has been great that PNZ is inviting and funding members from all areas to attend workshops to ensure all voices are heard. This empowers us as members to have our say about the direction of our profession. We must remember that it is our suggestions and questions as members that drive the actions at National Office. It is important we continue to give them our feedback.

### Plans

- Organise 2012 symposium
- Continue to run smaller courses, as a Branch, for the Branch
- I am looking forward to seeing what some of the other PNZ packages are like and am sure they will be helpful.
- I believe we are entering a marketing phase as a profession where we must educate both the public and other health professionals about what we do. We need to ensure our services are available to those who require them and working together as a Branch makes us stronger.

.....  
*Sheryl Wilson*  
Chairperson

## CANTERBURY

### Committee members

Wendy Fulton, President; Deidre Chrichton, Sandra Fogarty, Secretaries; Sue Willems, Treasurer; Kathy Dwyer; Jake van Stavenen; Chris Roberts; Tina McCormack; Robyn Bayly; Sara Lister

### Activities and achievements

- March – Meeting, with Karen McLeay and Martin Chadwick
- March/April – Outcome Measures Workshops in Timaru and Christchurch
- April – Representation at “Strengthening the Links” seminar
- May – Meeting, with Physiotherapy Advisory Group members Greg Knight, Richard Hopkins, Ken Stewart
- July – Cultural Awareness workshop – Daryl Gregory presenter
- August – Representation at second “Strengthening the Links” seminar
- 8 September - World Physiotherapy Day Spring Seminar postponed due to Canterbury earthquake
- October – Canterbury Physiotherapy (including Jean Erwin) Charitable Trust awarded three grants over three categories: Research; Conference Participation; and Sponsorship of an Approved Speaker.
- December – Branch Annual General Meeting

With the Canterbury Clinical Network the health system in Canterbury is changing rapidly and many physiotherapists are part of the transformation, especially regarding falls initiatives in collaboration with primary care. The Physiotherapy Advisory Group is active in these changes to the benefit of the wider membership.

Cultural Competency evenings continue to engage physiotherapists on this important aspect of our practice. This was the third session. Feedback has been tremendous.

The appointment in April of a Director of Allied Health for the Canterbury District Health Board and the West Coast District Health Board will provide strategic leadership for allied health professionals in both regions. Branch members will benefit from this collaboration and leadership across the sector.

### Plans

- Amendments to Branch Rules
- Questionnaire on workforce data and members’ activity
- Continued collaboration with members in wider geographic area
- Autumn seminar fundraiser
- World Physiotherapy Day activities
- Maintain professional development for members
- Continue to advocate for physiotherapy locally, with support of National Office

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*Wendy Fulton*  
President

## OTAGO

### Committee members

Stephanie Woodley and Jenny Conroy, Co-Chairpersons; Bridget Dickson, Secretary; Jody Watson, Treasurer; Ainslie Johnson, Minutes Secretary; Sinead Lodge, Education Officer; Leica Claydon, Marketing Liaison Officer

At the end of 2010 we said farewell to Jenny who has since moved to Australia – we sincerely thank Jenny for her involvement and valuable contribution to our branch over the last few years.

### Activities and achievements

- In May we hosted a Mulligan course facilitated by Barbara Hetherington, which was fully subscribed and well received by the registrants.
- This year several branch members excelled with respect to professional achievements. We are proud of all these members, who like many other physiotherapists in Otago provide a valuable contribution to both the profession and public, within our region and further afield.
  - Dr Margot Skinner was awarded life membership of Physiotherapy New Zealand, a tribute to her dedication and service to our profession locally, nationally and internationally.
  - Dr Gisela Sole received fellowship status of the College.
  - Associate Professor Leigh Hale was appointed Editor of the New Zealand Journal of Physiotherapy.
  - Dr Haxby Abbott was awarded one of five Sir Charles Hercus Health Research Fellowships by the Health Research Council.

### Plans

- The main focus of 2011 is the sixth Southern Physiotherapy Symposium, to be held in Queenstown at the Heritage Hotel on 5-6 November. We look forward to yet another exciting conference showcasing clinically relevant research and professional issues.
- We plan to stage a series of newspaper advertisements and/or editorials to promote physiotherapy within the Otago region by linking with other organisational promotions (e.g. Stroke Foundation), to reflect the diverse nature of our profession.

.....  
*Stephanie Woodley*  
Chairperson

## SOUTHLAND

### Committee members

Allison Aspinall, President part-year, followed by Anna Thompson; Kathryn Blain, Secretary; Ruth Nicholas, Treasurer; Jeff Walker, Communications Officer; Kjersti Carmichael, Hospital Liaison

### Activities and achievements

What a great experience being a part of the committee. We began the year with a strong committee of seven. Only two who had committee experience and no one was over the age of 30! Unfortunately we lost two members but we enthusiastically ploughed on, helping each other along the way.

The highlight was hosting the 'Explain Pain' course run by David Butler in beautiful Queenstown. What an honour to have such a prestigious and entertaining presenter in our wee corner of the world. Everyone really got involved with David's style and character while learning a thing or two along the way. The committee worked tirelessly to organise the course. Our hard work was well rewarded however by dinner with David and his wife.

A local podiatrist presented on 'prolotherapy' including a demonstration on our very own Southern Steel Netball Star. This got everyone talking about future diversification of the profession and how long before physiotherapists are undertaking procedures such as prolotherapy?

Our AGM was very well attended with two new committee members joining. Our guest speaker was a local musculoskeletal specialist, on his Czech methods of "core strengthening".

Physiotherapy in Southland continues to feel the effects of the ever-present ACC changes and ongoing financial difficulties, especially following our spring snowstorm which hit our farming communities hard. Nevertheless we are built tough down here and strive to meet any new challenges thrown our way. Generally we are seeing a stronger physiotherapy community because of these hurdles.

### Plans

The committee hopes to build on these strengths in 2011 with a few more social events as well as the usual education meetings.

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*Anna Thompson  
President*

THIRTEEN SPECIAL INTEREST GROUPS SUPPLY RESOURCES AND EDUCATION TO PHYSIOTHERAPY NEW ZEALAND MEMBERS WHO SPECIALISE IN PARTICULAR AREAS OF EXPERTISE OR PRACTICE. INCREASINGLY, THE SPECIAL INTEREST GROUPS ALSO FEED INFORMATION TO THE REST OF THE PROFESSION WHO NEED TO IMPROVE THEIR UNDERSTANDING OF THESE AREAS.

## ACUPUNCTURE PAANZ (THE PHYSIOTHERAPY ACUPUNCTURE ASSOCIATION OF NEW ZEALAND)

### Committee members

The PAANZ Committee had several changes this year.

Kirsty Speedy, President; Trevor Montgomery, Treasurer; Jane Scoular, Registrar; Wendy Lockhart, Education Officer; Jillian McDowell, Research Officer; Nikki Tse, College Representative; Susan Kohut, Website Editor; Anne McCann, Newsletter Editor; Lucy Ireland, IAAPT Representative; Alan Clements, Register Subcommittee; Louise Sloman, Guy Bailey, Anne McCann, Carolyn Fox

### Acknowledgements

The PAANZ Executive and tutors spend a considerable amount of time behind the scenes working for PAANZ and its members. Except for the "hands-on tutor teaching" this is all voluntary and I want to thank all those who help to keep PAANZ going; we couldn't do it without you.

### Activities and achievements

Membership remains steady at 316 financial members.

PAANZ advertised four courses, holding one Basic and three Post-Basic courses as well as a National Case Study Day in several venues across the country.

Our AGM in Christchurch was held in conjunction with a very successful registered-members-only day where there were presentations from several of our PAANZ tutors and members. As the feedback from this new format was very positive, we will be running more days like this in the future.

Our website [www.paanz.org.nz](http://www.paanz.org.nz) has now been active for a year and has lived up to our expectations. This year we have added a blog to the website to encourage members' online discussions and to help those members who are a little more isolated access the wealth of knowledge our members have.

### Plans

The PAANZ/MASNZ (Medical Acupuncture Society New Zealand) conference is to be held in June 2011 in Auckland at the Langham Hotel. Our keynote speaker is Jay Shah who is also going to be offering an exciting one-day workshop.

.....  
*Kirsty Speedy*  
President

## BUSINESS FORMERLY NZPPA (NEW ZEALAND PRIVATE PHYSIOTHERAPISTS ASSOCIATION)

### Executive Committee members

Andrew Scott, Executive Chairperson; Denis Kelly; Emma Kingan; Jenny Lucy; Trevor Montgomery; Kara Mulvein; Alastair Prentice; Jan Smith

### Acknowledgements

- Scott Thomson, representing us as IPPA Vice-Chairperson
- Outgoing Committee members Denis Kelly and Alastair Prentice.
- Clare Hunt resigned as Business Manager in April and Joanne Lentfer returned to the role in June.

### Activities and achievements

- Business seminars in four centres in October. Motivating keynote address from Craig Allingham, physiotherapist, business owner, author and professional speaker.
- Resource development for members in line with changing needs and demands.
- New brand and name adopted. NZPPA remains our official name.
- A joint working party has been established to determine how Physiotherapy New Zealand and NZPPA can collaborate to support more business knowledge and experience within the physiotherapy profession.
- NZPPA continued to be a member of the ACC Physiotherapy Liaison Group in 2010 and to use all opportunities and channels to advocate for its members.
- We continued membership and support of the ACC Futures Coalition, keeping our members informed of its work.

2010 was another challenging year for private practice physiotherapists. With the impact of funding changes and the recessionary environment, many practices experience a continued downturn in patient numbers. There is an urgent need to promote the profession of physiotherapy and raise awareness amongst the public and stakeholders and counter the effects of the negative publicity of 2009.

### Plans

We will:

- support members to adapt to the changing healthcare environment and to strengthen relationships with general practice and primary health care professionals.
- explore with PNZ opportunities for business support of non-NZPPA members.
- continue to advocate for our members with ACC and other stakeholders.
- develop resources and support promotion of the profession and private practice.

.....  
*Andrew Scott*  
Executive Chairperson



## CARDIOTHORACIC

### Committee members

Karen Evison, Chairperson; Fy Dunford, Secretary; Sarah Butler, Web Page Editor; Kirsty Johnson Cox, Treasurer; Emma Eagle Education Officer; Jeanette Cole, Database Secretary

We started 2010 without a full committee but were grateful to welcome back Karen as Chair and Emma who joined us as Education Officer after our course at Waipuna.

### Activities and achievements

- Pre-conference workshop with Professor Elizabeth Dean;
- representation at 2 Wellington SIG and Branch seminars
- Membership communication changed from newsletter to webpage brought savings and immediate news delivery.
- Membership surveys on ethical dilemmas (18/90 replies); online journal preferences (6/12 replies); SIG priorities and functions (42/93 replies). The results, available on our website, help ensure that our actions and direction meet membership approval. (Ethical survey results were not published as content was confidential).
- C/R-based scenario for the smoking cessation website
- Scholarship process rewritten - more accessible for applicants
- Links to varied documentation online on our members-only page.
- All membership queries to date answered.
- 4 Skype-based teleconferences .
- AGM (quorum not reached).
- Action items up-to-dat.

### Plans

Our immediate plans include the management of an education study day, for which survey results are directing our choice of speaker and topics. For logistical, financial and resource-based reasons this will be held in Auckland. We are negotiating with speakers and venues at this time.

A further survey of CTSIG members has afforded a list of potential speakers with ICU rehabilitation specialist skills which we will be forwarding to PNZ as suggested speakers for the 2012 conference. This was the most requested topic from members and the committee's goal is to meet requests from our survey.

.....  
*Fy Dunford*  
Secretary

## CONTINENCE & WOMEN'S HEALTH

### Committee members

Ann McKellar, Chair; Melissa Davidson, Secretary; Trish Wrigley, Treasurer; Vicki Holmes, Newsletter; Julia Johnson, College representative; Ruth Broom, IOPTWH representative; Ann O'Leary; Carol Ramsden; Jill Wood; Margie Humphreys; Alex Jones

### Acknowledgements

- All committee members, who throw so much energy into their passion of women's health and continence to create a Special Interest Group of benefit to all members.
- Newsletter contributors
- Ann O'Leary who has resigned and whose contributions we have enjoyed over the years

### Activities and achievements

- Quarterly newsletter – trialled electronically
- Holly Herman course in Waitakere in March – fully subscribed, 25 attending.
- Advanced workshop by Holly Herman, 20 attending – very worthwhile and intense.
- We are asked to comment on professional issues e.g. a DHB proposed making continence training compulsory for all physiotherapy staff. Our committee agreed that people should attend a basic course before embarking on vaginal examinations and more advanced work.
- Reference created, "Study options for NZ physiotherapists interested in pelvic floor and continence" – including many courses across the Tasman
- Membership passed 100
- Research is opening participation in clinical areas such as colorectal, male continence, genital pain syndromes and chronic internal pelvic pain.
- More physiotherapists are diversifying with the current climate in private practice.
- Hence although there are fewer involved with childbirth education, the obstetric musculoskeletal practice is flourishing.
- Melissa represented us at the "Strengthening the Links" seminars
- Committee meetings changed from teleconference to Skype, saving money.
- AGM 16 November.

### Plans

- A physiotherapy day may be added to the Urogyn Conference October 2011 in Queenstown.
- Maintaining standards and consistency and encouraging physiotherapists to enter this very interesting speciality, despite challenges with ongoing education.

.....  
*Ann McKellar*  
Chair

## DISTRICT HEALTH BOARD LEADERS FORMERLY PALMS (PHYSIOTHERAPY ADVISORS, LEADERS AND MANAGERS)

### Committee members

Tracy Hogarty, Chairperson; Kristine Nicol, Secretary; Sue Doesburg, Treasurer; Dale Radford; Lindsay Pooley; Elizabeth Wilkinson

### Activities and achievements

- The PALMS committee, made up of the regional representatives, has held monthly telemeetings throughout 2010.
- The PALMS committee held a planning day on 19 March in Christchurch.
- It was decided that the review of financial records should occur prior to conference and that the SIG financial year should be in line with that of Physiotherapy New Zealand: 1 January – 31 December.
- Membership criteria are outlined in the SIG rules; however a document was prepared to guide the SIG response to future challenges about its membership.
- The membership process (including a flowchart) and application form have been drafted in consultation with Physiotherapy New Zealand National Office. This has yet to be sent to SIG members.
- Dale Radford attended as PALMS representative the “Strengthening Links” seminar, hosted by NZSP/ Physiotherapy New Zealand on 9 April.
- Lindsay Pooley attended as PALMS representative the “Moving to Meet Needs” seminar, hosted by Physiotherapy New Zealand on 27 August.
- The PALMS conference was held 15-17 September in Auckland, in conjunction with the AGM.
- At the AGM, our Special Interest Group name was changed to District Health Board Leaders.

### Plans

- The 2011 conference is to be held in Wellington – dates to be confirmed.
- The SIG membership process information is to be sent to existing members and is to come into effect in 2011.
- The DHB Leaders SIG webpage is to be developed in conjunction with Physiotherapy New Zealand National Office.

.....  
*Tracy Hogarty*  
Chairperson

## EDUCATION PEG (PHYSIOTHERAPY EDUCATION GROUP)

### Executive members

David Nicholls, Chair; Rene Templeton, Secretary; Martin Kidd, Membership Secretary/Treasurer; Erik Dombroski; Chris Higgs; Sonya Veale

### Acknowledgements

Sadly Martin Kidd and Chris Higgs are leaving our Executive – Chris for a short-term work project in Haiti. We thank them for their fantastic work setting up the group.

### Activities and achievements

We have been busy establishing ourselves in our first full year as a special interest group.

- In May we organised our annual open day at AUT to coincide with Dr Barbara Gibson’s invited lecture at the PNZ Conference. Dr Gibson presented a half-day seminar that formed part of a broader study day and AGM. The day was well attended and, with the support of some excellent speakers from AUT, promoted the PEG to a wider audience.
- Membership peaked at just under 50 – our highest membership yet – and we have been able to establish a sound financial footing with which to start planning our first formal weekend course, looking at reflective practice.
- A large part of our work has been building and maintaining the PEG website (<http://www.bodypolitics.co.nz/PEG/Home.html>) offering current research, resources, updates on PEG business, and information on members. We have developed and posted interviews with international researchers, now a popular source of insight into innovative educational practice. Our PEG blog site (<http://nzsppeg.wordpress.com/>) allows lively debate.
- In five Executive teleconferences we discussed issues such as free student membership to the group, future free-fee membership, future revenue-generating courses, and links with educational organizations here and overseas.

### Plans

We plan to migrate our web page over to the PNZ website for easier administration; run our first weekend course and develop a second; develop our blog further; promote student membership of the society; and maintain, if not improve on, our current membership.

.....  
*Dr David Nicholls*  
Chair

## HAND THERAPISTS NZAHT (NEW ZEALAND ASSOCIATION OF HAND THERAPISTS)

### Committee members

Craig Hawkyard, President; Evangeline Leys, Secretary; Douglas Bryant, Treasurer

The NZAHT has a number of other members in committees with roles in conference planning, education and ACC.

### Activities and achievements

- Sue Sewell was awarded Life Membership at our AGM. Sue pursued excellence in hand therapy for nearly three decades. She was instrumental in forming the association and has continued involvement in the executive and committee.
- Our annual conference, "Hand Trauma, Excellence in Rehabilitation," in Auckland in September was very successful with two international keynote speakers: Rosemary Prosser and Shirkant Chinkalcher.
- The ACC Hand Therapy Services contract has been renewed for a further two years. This reflects a lot of hard work by many people: the ACC Committee who champion our case as a specialist group of providers providing a high level of service in hand rehabilitation; the Education Committee who develop and evolve the standard of hand therapy training, registration and expertise; and of course our members who continue to provide good service.
- We awarded two NZAHT scholarships for research in the hand therapy field. This new knowledge and information can help us understand pathologies affecting the upper limb and the best way to rehabilitate them.
- We have increased our number of journal subscriptions to provide members with up-to-date evidence and research.

### Plans

To increase the profile of hand therapy and what we can offer the public market. This has started with a new NZAHT website which will continue to be developed over 2011. We will explore other options over the year.

To continue encouraging excellence in the hand therapy service provided by members. We aim to support this through ongoing education and research, a scholarship fund, the NZAHT annual conference, hand therapy-specific courses and online resources to members.

.....  
*Craig Hawkyard*  
President

## MANIPULATIVE PHYSIOTHERAPY NZMPA (NEW ZEALAND MANIPULATIVE PHYSIOTHERAPISTS ASSOCIATION)

### Activities and achievements

Dusty Quinn, President; Wayne Hing; Richard Hopkins; Michelle Sintmaartensdyk; Anita Walsh

### Training Courses

- Four two-day College-Accredited Membership (CAMC) courses were held in each of Auckland Wellington (Cervical Spine) and Christchurch (Lumbar Spine). Candidates completing the eight courses gain an exemption for the practical component of the AUT and University of Otago PGD Musculoskeletal paper.
- A Lorimer Moseley course, "Understand and Explain Pain", held in May together with the PNZ Conference, was attended by 101 participants.
- An Andry Vleeming Course entitled "Lumbo Pelvic Pain: Mechanisms and Evidence Based Diagnosis and Treatment Course" held in Christchurch was attended by 37 students.
- In November NZMPA presented a cervical Spine Revisited Workshop in Dunedin. The course included formal lectures and time in the anatomy lab.

### NZMPA Educational Trust

- The Educational Trust received a number of funding requests; three were awarded.

### Meetings

- The Executive, Education and Conference Organising Committees held regular meetings.
- The AGM was held in August.

### Newsletters

- Quarterly newsletters were sent to all paid-up members.

### Liaison

- We continue to value our strong relationship with Physiotherapy New Zealand and the College of Physiotherapy.
- Wayne Hing is the NZMPA official representative for the International Federation of Orthopaedic Manipulative Physical Therapists (IFOMPT). Shelly Greer and Dusty Quinn were external assessors for IFOMPT.
- Duncan Reid continues on the IFOMPT Executive and Vicki Reid as their Secretariat.
- Dusty Quinn has been in contact with Darren Rivett, Musculoskeletal Physiotherapy Australia (MPA), to investigate how both parties can collaborate.

### Acknowledgements

- Physiotherapy New Zealand for ongoing support.
- NZMPA Executive, Education Committee, Trustees for tireless work.

### Plans

- The NZMPA Conference will be in Rotorua, August 2011: "The Role of Exercise in the Management of Musculoskeletal Pain and Dysfunction".

.....  
*Dusty Quinn MMPTy.*  
President

## NEUROLOGY

### Committee members

Denise Lyness (Auckland), Chairperson; Louise Taylor (Auckland), Secretary; Anna McRae (Auckland), Treasurer; Lynette Lulich (Auckland), College Rep; Sally Bowes (Tauranga), Marketing Rep; Todd Stretton (Auckland), Newsletter Editor; Kimberley Donovan (Nelson); Jocelyn Laird (Nelson); Kath Howell (Katikati); Leigh Hale (Dunedin)

There were no resignations at the AGM but during the year Jocelyn Laird tendered her resignation.

### Acknowledgements

Thanks to Committee members for their hard work and commitment, and also to Physiotherapy New Zealand for their support throughout the year.

### Activities and achievements

- We held our AGM in May at the NZSP Conference, with an extremely disappointing number of NSIG members attending. No voting could take place on any issues as there were not enough members for a quorum.
- Aquatic Physiotherapy Workshop presented by Julie Harrison and Judy Larsen at AUT – hosted by the Neurology Group in May in conjunction with the Physiotherapy New Zealand Conference. This was well attended and another workshop will be organised.
- Three Neurology Group grants were approved. Grant applications are due by October and we welcome new applications.

### Plans

- Neurosymposium May 2011, in Dunedin. The theme is "Stepping Forward". There will be a pre-conference workshop on Neuroanatomy presented by Stephanie Woodley and a post-conference workshop on self efficacy presented by Fiona Jones.
- Our challenge is to ensure the Neurology Group continues to provide members with support to further their neurology interests within physiotherapy.

Denise Lyness  
Chairperson

Louise Taylor  
Secretary

## OCCUPATIONAL HEALTH

### Committee members

Joanne Williams, Chair; Joanna Heymel, Treasurer; Kirsty Powell, Secretary; Jeanie Glasgow; Robyn Abbey. Linda Mosley, Alison Crawshaw, Natalie Hankey, and Wayne Hudson (all part-year)

### Activities and achievements

- We continued to liaise with members via email, with committee meetings conducted through teleconference. Except for the AGM there were no face-to-face meetings.
- Attendance at 'The Sky's the Limit' conference in October was better than anticipated with very positive feedback received in regards to the quality of the speakers and the diverse range of topics.
- We are represented on several ACC liaison groups.
- We had input into an external stakeholder group for ACC's Review of Vocational Services. We made a submission and will continue to give feedback to members as the review continues and development of a new contract and tendering process begins. Tendering for an ACC contract will be a new experience for many of our members.
- We contributed to reviews of the Patient Handling Guidelines (to be completed 2011) and the updated ACC document: Guidelines for using computers – Preventing and managing discomfort, pain and injury.
- The economic recession and other factors influenced injured workers' choices about return to work. For providers with ACC contracts, reduced referral numbers have raised concerns.
- Difficulties with maintaining the webpage for members prevented provision of articles through our journal subscriptions. This should be resolved in 2011.

### Plans

We are on the organising group for the 2011 Occupational Health and Safety in Industry Group (OHSIG) Conference, held every three years, to replace our own conference this year.

### Acknowledgements

Thanks to committee members for another year of renewed support and commitment, and to National Office for ongoing support, especially the new branding kit. We look forward to increased use of the brand.

Joanne Williams  
Chair

## OLDER ADULT PHYSIOTHERAPY FOR THE OLDER ADULT

### Committee members

Ann Newsom, Chairperson; Jenny Bartley, Secretary; Moira Fahey, Treasurer; Jane Sutherland, Newsletter; Bev Karl; Sarah Kennedy and Lucy Osborne until mid-year; Liz Binns, Jessie Snowdon, Lin Watson, Karen Porteous, Nateele Taylor after the AGM.

### Acknowledgements

To all committee members, especially Moira and Jenny for helping with the Symposium, Jane for the newsletters, and Bev for teleconference input.

### Activities and achievements

Most of our work revolved around the November Older Adult Symposium in Auckland, which had a great response, with a waiting list.

- Liz Binns, on "Exercise Prescription for the Older Adult", explained how neuromuscular changes associated with ageing affect exercise tolerance.
- On "Pulmonary Rehabilitation", Sarah Candy outlined the Middlemore Hospital's community programme.
- Dr David Nicholls on "Physiotherapy 2.0: The Challenge of an Ageing Chronically Ill Population", challenged thinking on the future of physiotherapy and how to provide cost-effective treatment.

In April Bev Karl attended a "Strengthening the Links" seminar in Wellington where the new physiotherapy branding was presented. Graham Nahkies talked on the roles and obligations of committees. In August I attended a follow-up Links seminar where Dr Jim Primrose on "Primary Health – the New Zealand Journey" discussed what health centres will be like in the future.

In October I attended the AAMHP conference in Sydney. There were presentations on injury prevention, workplace design, management of the bariatric patient, and train the trainer programmes.

At our AGM in November we were delighted with five new volunteers for the committee. The meeting generated new ideas and identified concern about decreasing physiotherapy hours in aged care facilities – to be discussed by the committee and then with National Office.

### Plans

- Work with Dr David Nicholls on research projects
- A members' survey
- A seminar later in 2011

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*Ann Newsom*  
Chairperson

## PAEDIATRIC

### Committee members

Larissa Scott, Chairperson; Bev Hoskins, Correspondence Secretary; Julian O'Hagan, Treasurer

Helen Thorne, Minutes Secretary; Judith Graham, Librarian; Sam Cartwright, TOPPS editor;

Hilda Mulligan, Jo Deaker, Jill Maslin, Gaela Kilgour, Madeleine Sands, Margaret Davidson, Trish Pingram, Celia Reid, Anne McCarthy, Debbie Little and Gabriella Albers-Greenway

### Acknowledgements

Thanks to: Jo and Jill as Chairperson and Correspondence Secretary; Margaret as College Representative; Gaela on the Australian Academy of Cerebral Palsy; Hilda on the International Organisation of Physiotherapists in Paediatrics; Julian for charitable status work; Debbie for updating our standards; all our members for their input. Congratulations to Hilda for achieving her PhD.

### Activities and achievements

- Study awards, to:
  - Jill Maslin – to attend the Brazelton Course
  - Jess Radanovich – for travel to complete her Masters of Bioethics and Health Law
  - Abigail McLeod – to attend the Paediatric Bobath Course
- A subcommittee is exploring how both the general public and members can access pertinent information on the PSIG website.
- Debbie Little and her Auckland subcommittee updated the PSIG Standards of Practice.
- We ran well received courses with Mary Massery and Ros Boyd as presenters.
- Student prizes to a student at both Otago and Auckland University for enthusiasm and interest in paediatric physiotherapy.
- Julian worked tirelessly to achieve charitable status.
- The committee met monthly via teleconferencing.

### Plans

- Courses with Yvonne Burn in April
- Other courses in 2010 and into 2013 with the return of Mary Massery.

.....  
*Larissa Scott*  
Chairperson

## SPORTS FORMERLY NZSOPA (NEW ZEALAND SPORTS AND ORTHOPAEDIC PHYSIOTHERAPY ASSOCIATION)

### Committee members

Tony Schneiders, President; Mike Borich, Secretary; Gisela Sole, Treasurer; Angela Cadogan, Newsletter Editor; Hamish Ashton, IT consultant; Jim Webb; Bharat Sukha; Mark Cartman

### Activities and achievements

The 2010 year was busy for NZSOPA as we continued to offer a multitude of benefits to members.

- The highlight for the year was our inaugural Sports Physiotherapy Symposium in Tauranga; “The Continuum of Care” was a great success with around 180 attendees.
- A second successful mini-workshop sponsored by NZSOPA attracted 212 physiotherapists to AUT University in Auckland in July to hear sports physiotherapist Trish Wisbey-Roth from Sydney discuss aspect of sports physiotherapy, and stability issues in athletes.
- We also undertook a comprehensive survey of our members regarding the SIG services, operations and directions. Feedback was very positive regarding the current operation of the SIG and its direction.
- At the AGM in November the SIG voted to change its name to Sports Physiotherapy New Zealand. We have also gained Incorporated Society status under this name. While the word “orthopaedics” has been removed from the proposed official title, I can assure members that the SIG still strongly supports inclusion of this discipline in our mission statement and strategies.
- The initiative to have more members involved in SPNZ activities is already paying dividends, especially with the newsletter which is offering more dissemination of sports and orthopaedic physiotherapy information to members which will have flow on benefits to the community.

### Plans

For 2011 we plan a number of new initiatives, as well as continuing with ones carrying over from 2010.

- Working more closely with Sports Physiotherapy Australia and the International Federation of Sports Physical Therapy.
- Planning for our sports trauma course and our next symposium in 2012.

.....  
*Dr. Tony Schneiders*  
*President*

THE FINANCE COMMITTEE OVERSEES THE FINANCIAL MANAGEMENT OF THE SOCIETY, REGULARLY MONITORING ALL EXPENDITURE, WITH THE MANDATE TO ENSURE THE SOCIETY REMAINS IN A STRONG FINANCIAL POSITION.

## FINANCIAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2010

.....  
The consolidated financial statements represent the combined financial activities of the New Zealand Society of Physiotherapists Inc (trading as Physiotherapy New Zealand) and the Scholarship Trust Fund. The parent column refers to the financial activities of the New Zealand Society of Physiotherapists Inc.  
.....

The consolidated financial statements represent the combined financial activities of the New Zealand Society of Physiotherapists Inc (trading as Physiotherapy New Zealand) and the Scholarship Trust Fund. The parent column refers to the financial activities of the New Zealand Society of Physiotherapists Inc.

### Surplus

The net surplus after tax was \$144,493. Revenue from subscriptions was \$1,108,210, an increase of \$25,702 from 2009. Expenditure increased by \$268,829. The main contributors to the increase were the rebranding exercise, promotion of physiotherapy project and conference expenses.

### Balance Sheet

Accumulated funds and reserves increased by \$144,492, and the working capital surplus increased by \$126,555. The balance sheet is strong and provides a good basis for going forward.

### Scholarship Trust

The Scholarship Trust Fund recorded a net surplus of \$38,319, which was down \$30,351 on the previous year. The reason for the lower surplus was that the Trust provided for \$50,287 for scholarships compared to \$11,998 the previous year.

The market valuation of the investment portfolio (cash, bonds and equities) at 31 December 2010 was \$1,080,674, which was an increase of \$118,847 on the previous year.

### Auditors

The Finance Committee recommends that PKF Martin Jarvie continue as the Society's auditors for 2011.

My thanks go to committee members Cheryl Hefford, Alan Laursen (lay person), Gill Stotter and Greg Lynch for their time and commitment to the work of the committee.

.....  
*Sheila Mann*  
*Chairperson*  
*Finance Committee*



## INDEPENDENT AUDITOR'S REPORT

### To the Members of New Zealand Society of Physiotherapists

We have audited the consolidated financial statements of the New Zealand Society of Physiotherapists on pages 35 to 42 and its subsidiary, which comprise the statement of financial position of New Zealand Society of Physiotherapists and the consolidated statement of financial position as at 31 December 2010, and the consolidated statement of financial performance and statement of changes in equity for the year then ended, and a summary of significant accounting policies and other explanatory information.

#### *National Executive's Responsibility for the Consolidated Financial Statements*

The National Executive are responsible for the preparation and fair presentation of these consolidated financial statements in accordance with generally accepted accounting practice in New Zealand and for such internal control as the National Executive determines is necessary to enable the preparation of consolidated financial statements that are free from material misstatement, whether due to fraud or error.

#### *Auditor's Responsibility*

Our responsibility is to express an opinion on these consolidated financial statements based on our audit. We conducted our audit in accordance with International Standards on Auditing (New Zealand).

Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the consolidated financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the consolidated financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the consolidated financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the consolidated financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates, as well as evaluating the overall presentation of the consolidated financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our modified audit opinion.

Other than in our capacity as auditor, we have no relationship with, or interests in, New Zealand Society of Physiotherapists and its subsidiary.

#### *Basis for Qualified Opinion*

As stated in note 1 on page 38, the New Zealand Society of Physiotherapists has not consolidated the results and financial position of its eleven branches. Under Financial Reporting Standard No. 37 (Consolidating investments in subsidiaries), these should be consolidated because the branches are controlled by the New Zealand Society of Physiotherapists. If the results and financial position were consolidated adjustments would be required to the group results and financial position. We are unable to quantify the effect of this departure. The branch liabilities shown as current liabilities in the Statement of Financial Position would be eliminated.

#### *Qualified Opinion*

In our opinion, except for the effects of the matter described in the Basis for Qualified Opinion paragraph, the financial statements on pages 35 to 42 present fairly, in all material respects, the financial position of New Zealand Society of Physiotherapists and the group as at 31 December 2010, and their financial performance for the year then ended in accordance with generally accepted accounting practice in New Zealand.



30 March 2011  
PKF Martin Jarvie  
Wellington



Accountants &  
Business Advisers

**Matters relating to the electronic presentation of the audited financial report**

This independent auditor's report relates to the financial report of New Zealand Society of Physiotherapists and subsidiary for the year ended 31 December 2010 included on New Zealand Society of Physiotherapists' website. The National Executive is responsible for the maintenance and integrity of the website. We have not been engaged to report on the integrity of New Zealand Society of Physiotherapists' website. We accept no responsibility for any changes that may have occurred to the financial report since it was initially presented on the website.

The independent auditor's report refers only to the financial report named above. It does not provide an opinion on any other information which may have been hyperlinked to/from this financial report. If readers of this report are concerned with the inherent risks arising from the electronic data communication they should refer to the published hard copy of the audited financial report and related independent auditor's report dated 30 March 2011 to confirm the information included in the audited financial report presented on this website.

Legislation in New Zealand governing the preparation and dissemination of financial reports may differ from legislation in other jurisdictions.

NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED)  
STATEMENT OF FINANCIAL PERFORMANCE  
FOR THE YEAR ENDED 31 DECEMBER 2010

	Note	GROUP		PARENT	
		2010 \$	2009 \$	2010 \$	2009 \$
<b>INCOME</b>					
Operating Revenue	13	1,557,536	1,353,094	1,551,907	1,345,316
Interest Received		97,996	90,909	9,900	1,609
Dividends Received		16,036	8,562	-	-
<b>Total Income</b>		<b>1,671,568</b>	<b>1,452,565</b>	<b>1,561,807</b>	<b>1,346,925</b>
<b>LESS EXPENDITURE</b>					
Salaries		446,088	391,455	446,088	391,455
Presidential Honorarium and Expenses		20,341	26,584	20,341	26,584
Audit Fees		9,350	8,126	6,197	5,200
Bank Charges		24,298	16,248	24,298	16,248
Office Rental		48,440	48,422	48,440	48,422
Printing and Stationery		17,282	32,720	17,282	32,720
Newsletter Costs		89,920	100,583	89,920	100,583
PPI Insurance Premiums		189,671	186,611	189,671	186,611
Capitation Fees		30,860	30,135	30,860	30,135
Conference Expenses		91,937	0	91,937	-
Scholarship Awards		50,287	11,998	-	-
Marketing		116,385	50,071	116,385	50,071
Depreciation	7	16,178	20,289	16,178	20,289
Journal Costs		30,522	35,564	30,522	35,564
Other Expenses		343,029	296,953	325,028	247,857
<b>Total Operating Expenses</b>		<b>1,524,588</b>	<b>1,255,759</b>	<b>1,453,147</b>	<b>1,191,739</b>
<b>NET SURPLUS/(DEFICIT) BEFORE TAXATION</b>		<b>146,980</b>	<b>196,806</b>	<b>108,660</b>	<b>155,186</b>
Provision for Taxation	5	-2,487	-183	-2,487	-183
Over Provision for Income Taxation Prior Year			212		212
<b>NET SURPLUS AFTER TAXATION TRANSFERRED TO ACCUMULATED FUNDS</b>		<b>144,493</b>	<b>196,835</b>	<b>106,173</b>	<b>155,215</b>

This statement is to be read in conjunction with the Notes to the Financial Statements

NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED)  
STATEMENT OF MOVEMENTS IN EQUITY  
FOR THE YEAR ENDED 31 DECEMBER 2010

	<i>Note</i>	GROUP		PARENT	
		2010 \$	2009 \$	2010 \$	2009 \$
Net Surplus/(Deficit) After Taxation		144,493	196,835	106,173	155,215
Total Recognised Revenues and Expenditure		144,493	196,835	106,173	155,215
<b>ACCUMULATED FUNDS AT START OF YEAR</b>		<b>2,387,477</b>	<b>2,190,642</b>	<b>1,495,462</b>	<b>1,340,246</b>
<b>ACCUMULATED FUNDS AT END OF YEAR</b>		<b>2,531,970</b>	<b>2,387,477</b>	<b>1,601,635</b>	<b>1,495,462</b>

This statement is to be read in conjunction with the Notes to the Financial Statements

NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED)  
STATEMENT OF FINANCIAL POSITION  
AS AT 31 DECEMBER 2010

	Note	GROUP		PARENT	
		2010 \$	2009 \$	2010 \$	2009 \$
<b>ACCUMULATED FUNDS AND RESERVES</b>					
Special Reserves	11	11,733	11,733	11,733	11,733
Asset Revaluation Reserves		-78,953	-78,953	-	-
Accumulated Funds		2,599,189	2,454,697	1,589,900	1,483,729
<b>TOTAL ACCUMULATED FUNDS AND RESERVES</b>		<b>2,531,969</b>	<b>2,387,477</b>	<b>1,601,633</b>	<b>1,495,462</b>
Represented by;					
<b>CURRENT ASSETS</b>					
Bank Accounts	4	1,736,082	1,605,845	269,873	82,787
Investments	8	462,595	377,796	-	-
Accounts Receivable		28,771	28,877	25,603	15,266
GST Refund Due		18,244	13,706	18,244	13,706
Taxation			129	-	129
Prepayments		60,889	58,316	60,889	58,316
Stock on Hand		6,645	3,552	6,645	3,552
Scholarship Trust		-	-	1,484,079	1,482,049
<b>Total Current Assets</b>		<b>2,313,226</b>	<b>2,088,221</b>	<b>1,865,333</b>	<b>1,655,805</b>
<b>CURRENT LIABILITIES</b>					
Accounts Payable		68,543	29,211	66,473	29,211
Taxation	5	2,670	-	2,670	-
Accruals		56,943	32,967	56,943	27,626
Scholarship and Awards Payable		53,534	46,041	-	-
NZSP-Hawkes Bay Branch		0	13,193	-	-
NZSP-Waikato BOP Branch		32,335	30,766	-	-
Income in Advance		167,163	130,560	167,163	130,560
<b>Total Current Liabilities</b>		<b>381,188</b>	<b>282,738</b>	<b>293,249</b>	<b>187,397</b>
<b>WORKING CAPITAL SURPLUS/(DEFICIT)</b>		<b>1,932,038</b>	<b>1,805,483</b>	<b>1,572,084</b>	<b>1,468,408</b>
<b>NON CURRENT ASSETS</b>					
Plant, Property & Equipment	6	29,549	27,054	29,549	27,054
Investments	8	570,382	554,940	-	-
<b>Total Non-Current Assets</b>		<b>599,931</b>	<b>581,994</b>	<b>29,549</b>	<b>27,054</b>
<b>NET ASSETS/(LIABILITIES)</b>		<b>2,531,969</b>	<b>2,387,477</b>	<b>1,601,633</b>	<b>1,495,462</b>

This statement is to be read in conjunction with the Notes to the Financial Statements

President

*Geoff Stutter*

Executive Director

*Aaron McBeay*

Dated this 30th Day of March 2011

# NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED) NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2010

## 1. STATEMENT OF ACCOUNTING POLICIES

These Financial Statements have been prepared to record the financial position and performance of the New Zealand Society of Physiotherapists Inc, which is registered as an incorporated society, and, its subsidiary, the New Zealand Society of Physiotherapists Scholarship Trust, which is registered as a Trust.

The New Zealand Society of Physiotherapists controls eleven branches but for practical reasons, the results and assets of the branches have not been consolidated in these financial statements. It is the New Zealand Society of Physiotherapists intention to prepare fully consolidated financial statements for the year ending 31 December 2011.

These Financial Statements are general purpose financial statements and, with the exception of not consolidating the branches, have been prepared in accordance with generally accepted accounting practice.

### Measurement Base

The accounting principles recognised as appropriate for the measurement and reporting of earnings and financial position on an historical cost basis have been used, with the exception of certain items for which specific accounting policies have been identified.

### Specific Accounting Policies

The following specific accounting policies which materially affect the measurement of financial performance and the financial position have been applied.

#### (a) Differential Reporting

Under paragraph 4.23 of the Framework for Differential Reporting, NZ Society of Physiotherapists (Consolidated) qualifies for differential reporting as it is not publicly accountable and it is small. NZ Society of Physiotherapists (Consolidated) has taken advantage of all available differential reporting exemptions.

#### (b) Fixed Assets & Depreciation

All fixed assets are recorded at cost less accumulated depreciation. The entity has the following classes of fixed assets.

	Depreciation Rates
Furniture & Fittings	14.4 – 24%
Office Equipment	6.5 – 60%
Website	60%
Computer Equipment	39.6 – 60%

Depreciation has been calculated using the diminishing value method, based on the estimated useful life of the asset.

#### (c) Foreign Currencies

Transactions denominated in foreign currencies are converted at the exchange rate current at the transaction date. Foreign currency receivables and payables are converted at exchange rates current at balance date. Foreign exchange gains or losses are included as income or expenses respectively in the Statement of Financial Performance.

#### (d) Goods and Services Taxation

These financial statements have been prepared on a GST exclusive basis, except for debtors and creditors and all transactions of the Scholarship Trust, which are GST inclusive. The Scholarship Trust is not registered for GST.

#### (e) Income Tax

The Society is a non-profit body and therefore pays income tax on its investments and transactional income. A standard \$1,000 deduction is taken in accordance with the Income Tax Act 2007.

#### (f) Inventories

Inventories are recognised at the lower of cost, determined on a first in first out basis, and net realisable value.

#### (g) Investments

Investments are carried at the lower of cost and market value.

#### (h) Receivables

Receivables are stated at their estimated realisable value. Bad debts are written off in the year in which they are identified.

### Changes in Accounting Policies

There have been no changes in accounting policies. All policies have been applied on bases consistent with those used in previous years.

## 2. AUDIT

These financial statements have been subject to audit, please refer to Auditor's Report.

## 3. CONTINGENT LIABILITIES

At balance date there are no known contingent liabilities. (2009: nil)

NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED)  
 NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS  
 FOR THE YEAR ENDED 31 DECEMBER 2010

**4. CASH AND CASH EQUIVALENTS**

	GROUP		PARENT	
	2010 \$	2009 \$	2010 \$	2009 \$
ANZ Bank	1,575,293	479,563	269,873	82,787
First NZ Capital Cash Accounts	160,789	226,282	-	-
Term Deposits	-	900,000	-	-
<b>TOTAL CASH AND CASH EQUIVALENTS</b>	<b>1,736,082</b>	<b>1,605,845</b>	<b>269,873</b>	<b>82,787</b>

**5. TAXATION**

As the Scholarship Trust is non-taxable, the following taxation relates solely to the Society. The Scholarship Trust is registered with the Charities Commission and is therefore exempt from Income Tax.

	2010 \$	2009 \$
Interest received	9,900	1,609
Exemption	-1,000	-1,000
<b>ASSESSABLE INCOME</b>	<b>8,900</b>	<b>609</b>
Taxation thereon at 30%	2,670	183
Resident withholding Taxation	-	-312
Income Taxation Refund	-	320
Prior Year Balance Brought Forward	-	-320
<b>Total Taxation to Pay/ (Refund)</b>	<b>2,670</b>	<b>-129</b>

NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED)  
 NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS  
 FOR THE YEAR ENDED 31 DECEMBER 2010

**6. PROPERTY, PLANT AND EQUIPMENT**

	GROUP		PARENT	
	2010 \$	2009 \$	2010 \$	2009 \$
<b>Furniture and Fittings</b>				
At Cost	27,327	18,945	27,327	18,945
Less Accumulated Depreciation	-14,588	-12,859	-14,588	-12,859
	12,739	6,086	12,739	6,086
<b>Office Equipment</b>				
At Cost	17,182	26,010	17,182	26,010
Less Accumulated Depreciation	-15,412	-22,636	-15,412	-22,636
	1,770	3,374	1,770	3,374
<b>Website</b>				
At Cost	6,945	6,945	6,945	6,945
Less Accumulated Depreciation	-6,592	-6,062	-6,592	-6,062
	353	883	353	883
<b>Computer Equipment</b>				
At Cost	77,502	66,524	77,502	66,524
Less Accumulated Depreciation	-64,666	-51,664	-64,666	-51,664
	12,836	14,860	12,836	14,860
<b>Presidential Chain/ Honour Board</b>				
At Cost	1,851	1,851	1,851	1,851
Less Accumulated Depreciation	0		0	0
	1,851	1,851	1,851	1,851
<b>Total Property, Plant and Equipment</b>	<b>29,549</b>	<b>27,054</b>	<b>29,549</b>	<b>27,054</b>



NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED)  
 NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS  
 FOR THE YEAR ENDED 31 DECEMBER 2010

**7. DEPRECIATION EXPENSE**

	GROUP		PARENT	
	2010 \$	2009 \$	2010 \$	2009 \$
Furniture and Fittings	1,729	870	1,729	870
Office Equipment	917	1,403	917	1,403
Computer Equipment	530	16,692	530	16,692
Website	13,002	1,324	13,002	1,324
<b>Total Depreciation</b>	<b>16,178</b>	<b>20,289</b>	<b>16,178</b>	<b>20,289</b>

**8. INVESTMENTS**

	GROUP		PARENT	
	2010 \$	2009 \$	2010 \$	2009 \$
<b>Current</b>				
First NZ Capital Portfolio	462,595	377,796	0	0
<b>TOTAL CURRENT INVESTMENTS</b>	<b>462,595</b>	<b>377,796</b>	<b>0</b>	<b>0</b>
<b>Non Current</b>				
First NZ Capital Portfolio	570,382	554,940		
<b>TOTAL NON CURRENT INVESTMENTS</b>	<b>570,382</b>	<b>554,940</b>	<b>0</b>	<b>0</b>
<b>TOTAL INVESTMENTS</b>	<b>1,032,977</b>	<b>932,736</b>	<b>0</b>	<b>0</b>
<b>MARKET VALUE OF INVESTMENTS</b>	<b>1,080,674</b>	<b>961,827</b>		

**9. OPERATIONAL LEASE COMMITMENTS**

<b>Database Licenses</b>				
Due within one year	10,497	11,813	10,497	11,813
Due greater than one year	2,625	16,734	2,625	16,734
	<b>13,122</b>	<b>28,547</b>	<b>13,122</b>	<b>28,547</b>
<b>Office Rental</b>				
Due within one year	48,352	49,863	48,352	49,863
Due greater than one year	96,704	-	96,704	-
	<b>145,056</b>	<b>49,863</b>	<b>145,056</b>	<b>49,863</b>

NZ SOCIETY OF PHYSIOTHERAPISTS (CONSOLIDATED)  
 NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS  
 FOR THE YEAR ENDED 31 DECEMBER 2010

**10. CAPITAL COMMITMENTS**

At balance date there are no known Capital Commitments. (2009:nil)

**11. SPECIAL RESERVES**

	GROUP		PARENT	
	2010 \$	2009 \$	2010 \$	2009 \$
ML Roberts Reserve	1,620	1,620	1,620	1,620
Education Fund	10,113	10,113	10,113	10,113
<b>TOTAL SPECIAL RESERVES</b>	<b>11,733</b>	<b>11,733</b>	<b>11,733</b>	<b>11,733</b>

**12. RELATED PARTIES**

In accordance with SSAP 22 para 5.1 (a) and para 5.1 (b), the following disclosures are made: During the period there have been material transactions between the Group and related parties as follows: The Trust hold on investment funds belonging to NZSP Waikato BOP Branch of \$32,335 (2009: \$30,766). During the year it repaid investment funds held of \$13,193 to the NZSP- Hawkes Bay Branch.

**13. OPERATING REVENUE**

	GROUP		PARENT	
	2010 \$	2009 \$	2010 \$	2009 \$
Conference Income	120,814	-	120,814	-
Newsletter Advertising	36,197	36,406	36,197	36,406
PPI Insurance Premiums	211,012	186,611	211,012	186,611
Subscriptions Recieved	1,108,210	1,082,508	1,108,210	1,082,508
Sundry	81,303	47,569	75,674	39,791
<b>Total Operating Revenue</b>	<b>1,557,536</b>	<b>1,353,094</b>	<b>1,551,907</b>	<b>1,345,316</b>





**PHYSIOTHERAPY** NEW ZEALAND  
*Kōmiri Aotearoa*

MOVEMENT FOR LIFE