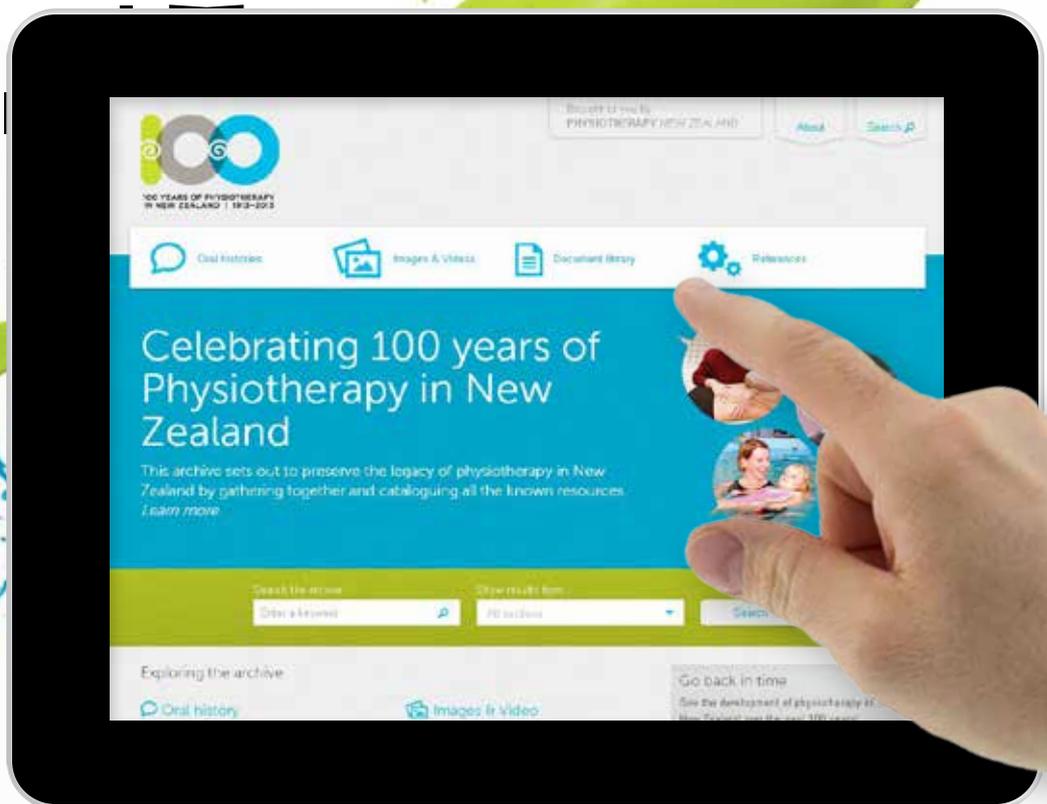


ISSN 2230-6315 (PRINT)
ISSN 2230-6323 (ONLINE)

PHYSIOTHERAPY NEW ZEALAND ANNUAL REPORT 2013



PHYSIOTHERAPY NEW ZEALAND
Kōmiri Aotearoa

MOVEMENT FOR LIFE

CONTENTS

PRESIDENT'S REPORT	2-3
EXECUTIVE DIRECTOR'S REPORT	4-5
COMMITTEE REPORTS	6-9
Committee Membership for 2013	
Tae Ora Tinana	
Professional Standards and Ethics Committee	
New Zealand Journal of Physiotherapy – Volume 41	
Scholarship Trust Fund	
M.L. Roberts Prize	
WORKING PARTY REPORT	10
History	
ADVISORY GROUP REPORT	10
Private Practice	
BRANCH REPORTS	11-17
Northland	
North Shore	
Auckland	
Waikato Bay Of Plenty	
Hawke's Bay	
Middle Districts	
Wellington	
Nelson Marlborough	
Canterbury	
Otago	
Southland	
SPECIAL INTEREST GROUP REPORTS	18-24
Acupuncture	
Cardiothoracic	
Continence & Women's Health	
District Health Board Leaders	
Education	
Hand Therapists	
Manipulative Physiotherapy	
Neurology	
Occupational Health	
Older Adult	
Paediatric	
Sports	
FINANCIALS	25-36

COVER: 2013 was a landmark year when we celebrated 100 years of physiotherapy education in New Zealand. Our physiotherapy history site gives fascinating glimpses into the past century, and provides a living library for events and people in the future.



www.facebook.com/PhysiotherapyNZ

www.twitter.com/physionz

www.youtube.com/user/nzsp1

www.physiotherapy.org.nz

© Physiotherapy New Zealand. No part of this publication may be reproduced in any form without the written permission of Physiotherapy New Zealand Inc.

PHYSIOTHERAPY NEW ZEALAND

PO Box 27 386, Marion Square, Wellington 6141

Level 6, 342 Lambton Quay, Wellington 6011, New Zealand

Phone: +64 4 801 6500 | Fax: +64 4 801 5571 | Email: pnz@physiotherapy.org.nz

www.physiotherapy.org.nz

ISSN 2230-6315 (Print)

ISSN 2230-6323 (Online)



PHYSIOTHERAPY NEW ZEALAND | MOVEMENT FOR LIFE
Kōmiri Aotearoa

PHYSIOTHERAPY NEW ZEALAND STRATEGIC PLAN 2013-2018



The Four Pillars

Quality

Our physiotherapy services are amongst the best in the world, they are clinically integrated, people centred and accessible. They deliver results that focus on the current and future health needs of the population.

Value

Physiotherapy as a service is valued, understood and utilised by the public, funders and other health care providers.

Voice

Physiotherapy New Zealand is the united voice, advocate and leader of the profession. All the internal physiotherapy groups work together to support the best interests of the profession.

Knowledge

Our members are supported with a lifelong learning pathway and are provided with learning opportunities so they can meet the future health needs of New Zealanders.

PASSING THE MILESTONE

As the celebration year for 100 years of physiotherapy education in New Zealand, 2013 was very significant.

We launched our PNZ history website which will remain a living library for the profession long after this special year. Our branches chose various innovative ways to publicise the centenary. Appropriately, this year PNZ awarded an Honorary Fellowship to Dr Margot Skinner who has contributed so much over so many years to physiotherapy both in this country and overseas.

We chose hands and empathy

The University of Otago School of Physiotherapy marked the occasion with their PhysioForward Conference. Life Member Stanley Paris as guest speaker at the conference dinner inspired us with this summary of our vocation. "We went into physiotherapy to care for others. We did not choose medicine, knives or drills but rather hands and empathy. We see our patients and get to know them and interact with them as individuals and with their cultures. We have been privileged to be able to spend the necessary time with our patients/clients evaluating and responding to their physical and emotional needs."

Building our future from the past

In looking back at our first hundred years, we have reflected a great deal on challenges facing us now. We have identified key characteristics which have made us so successful and which we want to apply in the future.

Accordingly, National Executive has committed to a vision of "Healthier New Zealanders through the delivery of quality physiotherapy." We have produced a new five-year strategic plan, aimed at implementing that vision. The plan is illustrated (see the previous page) as the PNZ where resting on the foundation of our branches and special interest groups. The four pillars supporting the where are quality, value, voice and knowledge.

We spell out our desired outcomes in each of those four areas and how we will achieve them. We feature the partnership of National Executive with Tae Ora Tinana, based on the values of Maoritanga, whakapapa, manaakitanga, hauora, and matauranga.

National Executive approved a 2013 business plan introducing initiatives drawn from the strategic plan, and resourced them appropriately. The Executive Director's report outlines our successes, but I will briefly comment on a few themes.

Integration

Physiotherapists need to build much closer relationships between the primary and secondary sectors through better liaison with other health professions and decision makers, improved communication, and enhanced trust. In our advocacy with government and government departments, as well as in *Physio Matters* and on our website, PNZ has showcased many successful innovations demonstrating such integration.

Online connections

We have encouraged and supported our members with information to help them join up to the government's e-health initiatives, essential for fully integrated primary health professionals. We have also provided education and materials to help members market their practices and profession via social media. Our awareness raising campaigns have made very effective use of social media.

Achieving and recognising clinical excellence

Our submissions, policies and position statements, our work with the Physiotherapy Board, and our review of the New Zealand College of Physiotherapy have all aimed at enabling and

recognising members' clinical excellence and laying a pathway to specialisation.

Cohesion

At the two Leadership Seminars for branches and special interest groups, I was pleased to observe improved alignment of these groups with the larger aims of PNZ and to learn the groups' representatives enjoy increased support from PNZ National Office. Planning together for the superconference has also brought special interest groups closer.

Gratitude

All National Executive members have worked hard in their governance role of planning and oversight for Physiotherapy New Zealand and for the profession. This is true also for the kaitiaki of Tae Ora Tinana. On behalf of all members, I thank them all for their dedication, with special mention of Dave Nicholls whose energy and expertise obtained the material for the history website.

As always, we could not achieve results from our plans without the talented and professional National Office team led by Karen McLeay. I want to thank them all for their efforts, often above and beyond the call of duty, and acknowledge their impressive achievements during the year.

Even more fundamental to our success are the many members who volunteer on PNZ committees, branches and special interest groups. Grateful thanks are due from the whole profession.

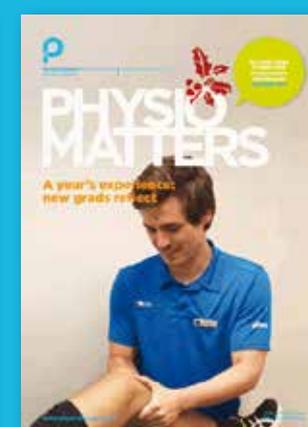
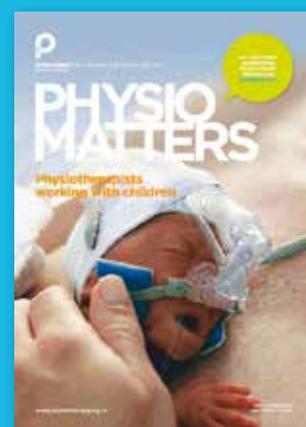
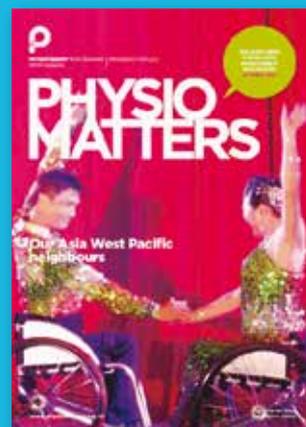
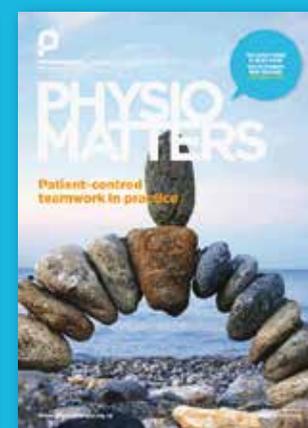
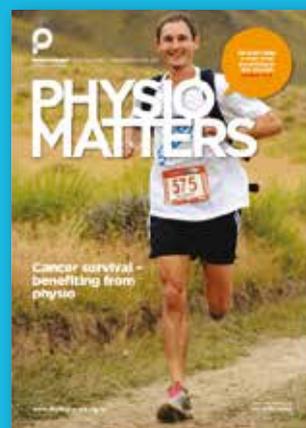
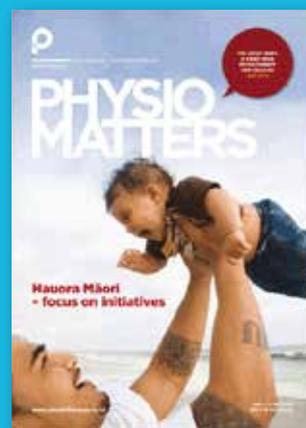
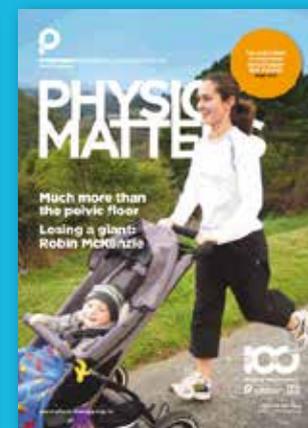
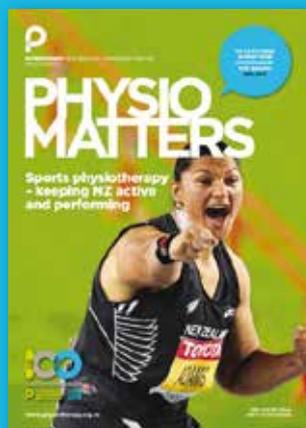
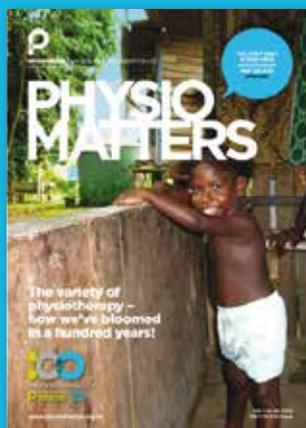
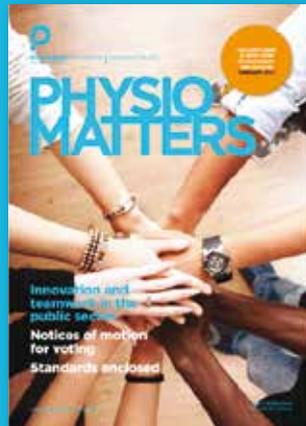
This is my last annual report to members, since my second and final term as President ends at the 2014 AGM. Thank you to all members for the enormous privilege of leading this vital, versatile organisation over the last four years. I am proud to hand over the leadership when PNZ is in such good heart.

The value of physiotherapy

This landmark year reminds us why we became physiotherapists. We may feel underappreciated and undervalued at times, but we are clear about our key role in restoring, maintaining and enhancing the physical function of all individuals. To quote that speech by Stanley Paris again: "No profession speaks to the quality of lives better than does physiotherapy."

Gill Stotter
President

THE 2013 YEAR
PORTRAYED IN
PHYSIO MATTERS



ACTIONS IN PURSUIT OF OUR VISION

Membership

Our thanks are due to so many members who contribute so much to Physiotherapy New Zealand (PNZ) through branches, special interest groups and committees.

At the end of the year we had 3,229 members, a 2.5% increase over 2012. This shows your association is in good heart.

To help the profession celebrate 100 years of physiotherapy in New Zealand we provided seeding money for branches to mark the centenary. It was great to see the branches celebrating the event in a number of different ways. For example: a formal dinner bringing together members and retired members, with witty and poignant recollections from PNZ Life Member Brian Mulligan as the guest speaker; lunches and teas with 100-year cakes; sporting events; a considerable gift to Riding for the Disabled; a ceremonial tree planting in the grounds of a hospital. Their activities gained good local publicity for the centenary and the profession.

Basis of this report

This report gives a broad outline of some PNZ initiatives and achievements during the year decided in the 2013 PNZ business plan. As Gill Stotter explains in her report, this plan is drawn from the new strategic plan developed by National Executive. All our actions are intended to further our vision of "Healthier New Zealanders through quality physiotherapy services," and grouped according to the plan's four pillars. (See page 1.)

It has been a pleasure to implement the clear ideas and decisions of National Executive, arrived at by hard work and robust discussion under the chairmanship of Gill Stotter. On behalf of the profession I thank National Executive members for their dedication, time and overall contribution to the profession. At times it can be a thankless task but there is clearly a lot for them to be proud of.

I thank Gill Stotter in particular for so competently leading the profession over the past four years. Her term ends in March 2014. She has been a remarkable

president, gaining the respect of the health and disability sector for practical and sensible advice. Thanks also to Gill's family for supporting and enabling her in this role.

Dave Nicholls' term on National Executive also ends. Dave has been a delight on the National Executive team, providing a fresh perspective, a catalyst for debate and considerable influence on the profession's way forward. The history website is his significant legacy, the result of many, many hours gathering information.

Quality (services to public and members)

Our physiotherapy services are amongst the best in the world, they are clinically integrated, people centred and accessible. They deliver results that focus on the current and future health needs of the population.

- Established a Business Advisory Group providing business: tools, resources and information to all members.
- Provided and publicised the new Code and Standards of Practice and developed several new position statements.
- Dissolved the Ethics Committee and established a new Professional Standards and Ethics Committee to meet the future needs of the profession.
- Continued to provide a range of evidence-based research, information and publications, informing and encouraging members to meet the needs of population health by providing clinically integrated, people-centred and accessible services.

Value (information)

Physiotherapy as a service is valued, understood and utilised by the public, funders and other health care providers.

- Launched our new website, a great platform for showcasing the value of physiotherapy to the public for key online member resources.

- Launched the history website to record past and evolving events in the profession.
- Highlighted the value of physiotherapy contributions through public awareness campaigns in two clinical areas: continence and women's health; and back pain.
- Developed a network of 'Physio Bloggers' whose informative and entertaining content highlights the diversity and value of physiotherapy.
- Provided members with tools for the public on various conditions and how physiotherapy can assist with them.
- Provided members with tools to market physiotherapy.
- Promoted examples of innovative and integrated care.

Voice

Physiotherapy New Zealand is the voice, advocate and leader of the profession. All the internal physiotherapy groups will work together to support the best interests of the profession.

- Ensured that physiotherapy was represented at numerous ACC meetings and working parties, provided input to consultation documents, Ministry of Health working groups, the PSA, Allied Health Aotearoa New Zealand, Health Workforce New Zealand, Health Promotional Board and ACC Consumer Outlook Group.
- Provided two leadership seminars to hear and take on board the views of branches and special interest groups.
- Produced fact sheets on various conditions and disseminated them to funding agencies.
- Provided significant support for branches and special interest groups in their activities, especially their valuable provision of CPD – notably, help with registration and administration of courses.

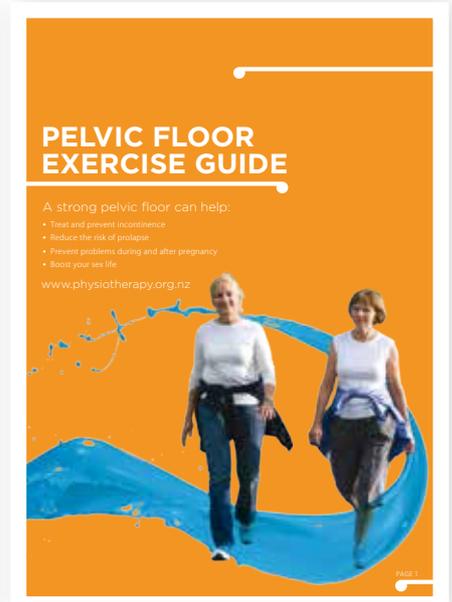
Knowledge

Our members are supported with a lifelong learning pathway and are provided with learning opportunities so they can meet the future health needs of New Zealanders.

- Worked closely with special interest groups throughout the year to plan a new-model super-SIG conference for 2014. This is something to look forward to.
- Commissioned a review of the New Zealand College of Physiotherapy, resulting in a consultative document which provides options for the basis of a career framework for all members.
- Provided research funding to enable members to explore various new directions in physiotherapy.
- Carried on the roll-out of supervision for members.

Finally I want to thank my National Office team for their professional expertise, hard work and willingness to go the extra mile in carrying out all these tasks.

.....
Karen McLeay
Executive Director



COMMITTEE MEMBERSHIP FOR 2013

National Executive

Gill Stotter, President
Greg Knight, Co-Vice President
Ian d'Young, Co-Vice President
Dr David Nicholls
Denis Kelly
Karen Rasmussen

Tae Ora Tinana

Kaitiaki

Lynda Kirkman – Chair
Kate Haswell
Ann McKellar
Karen Rasmussen
Maarama Davis
Katrina Bryant
Andrea Havell
Nathan Wharerimu
Ricky Bell
Grant Mawston

Kaumtua and Kuia

Matua Bill Barlow
Whaea Pat Barlow

Professional Standards and Ethics Committee

Fy Dunford – joint chair
Jess Radovanovich – joint chair
Andrew Jones
Ian d'Young
Dr Meredith Perry
Catherine Noventa

Honorary Editorial Committee , NZ Journal of Physiotherapy

Associate Professor Leigh Hale – Editor
Dr Anna Mackey
Dr Suzie Mudge
Dr Stephanie Woodley
Dr Sarah Mooney
Dr Meredith Perry
Dr Richard Ellis
Janet Copeland

Finance Committee

Sheila Mann – Chair
Gill Stotter – President
Cheryl Hefford
Greg Lynch
Alan Laurenson – Lay representative

ML Roberts Award Committee

Martin Chadwick
Assoc Professor Jean Hay-Smith
Janet Copeland – Policy and
Research Advisor

Scholarship Trust Committee

Gill Stotter – President
Greg Knight – co-Vice President
Dr Sandra Bassett
Dr Barry Donaldson
Kate Haswell – Tae Ora Tinana
representative
Dr Gisela Sole
Janet Copeland – Policy and
Research Advisor

TAE ORA TINANA

E tipu, e rea, mō ngā rā o tōu ao

(An excerpt from a whakataukī made famous by Sir Apirana Ngata: grow up and thrive for the days destined to you...)

Kaitiaki

The kaitiaki for 2013 have been Kate Haswell, Ann McKellar, Karen Rasmussen (National Executive), Maarama Davis (Physiotherapy Board), Katrina Byrant, Andrea Havell, Nathan Wharerimu and Ricky Bell, and we welcomed Grant Mawston. Thanks to Andrea and Nathan as they move onto other challenges. Nga mihi aroha ki ngā korua. We bade farewell to Ailsa Cornell, who has our been the kaiawhina and contact person in National office since 2001.

Activities and achievements

Key activities have been:

- Building relationships with Māori student support services at AUT and Otago University's Māori Health Workforce Development Unit.
- Participation in leadership training with PNZ.
- Hui with National Executive at Hongoeka Marae, Plimmerton..
- Review of the Guidelines for Cultural Competence in Physiotherapy Education and Practice in Aotearoa New Zealand.
- Providing cultural support for Dr David Baxter and some of the students who travelled to New Plymouth after the accidental death of one of our Otago taurira, Michael Taylor. Moe mai e te rangatira. Haere atu rā ki o tupuna kua hinga i mua i a koe. Haere, haere, haere.
- Supporting the 100th Anniversary celebrations of the Otago University School.
- 2013 hui taurira, held at Puketeraki Marae in Karitane. Katrina Bryant shared her Toi Rakau programme, and guests Dr Anne-Marie Jackson and her sister Sam Jackson led us for taonga taakaro.
- Inaugural Tae Ora Tinana Prize at AUT University 4th year prizegiving.

Wā heke mai nei

- Collaboration with the Māori Health Workforce Development Unit in Otago and with Māori Student Liaison services at AUT to support taurira.
- Improving communication between National Executive and Tae Ora Tinana.
- Providing more opportunities for leadership within PNZ to Māori members.

He whakamutunga

We acknowledge the kindness and wisdom provided to Tae Ora Tinana by our kaumatua and kuia Matua Wiremu and Whaea Patricia Barlow. Ngā mihi aroha ki ngā korua.

.....
Lynda Kirkman
Chair



The hui taurira was held at Puketeraki Marae, Karitane

PROFESSIONAL STANDARDS AND ETHICS

Committee members

Andrew Jones, Chair; Fy Dunford; Jess Radovanovich; Ian D'Young, National Executive representative; Janet Copeland; Meredith Perry; Catherine Noventa.

Fy and Jess were elected as co-chairs at the end of October.

Background

The New Zealand Society of Physiotherapists established the Ethics Committee in 1987, replacing the previous Complaints and Disciplinary Committee. The introduction of the Health Practitioners Competence Assurance Act 2003 changed the function of the Ethics Committee – with complaints going to the Physiotherapy Board and/or the Health and Disability Commissioner. By 2012 it became clear the committee no longer undertook many of the functions that were set out in the Physiotherapy New Zealand Rules.

Activities and achievements

At the AGM this year the Ethics Committee was disestablished and the following National Executive meeting established the Professional Standards and Ethics Committee. An article highlighting their new role was in the December 2013 *Physio Matters*. Due to delays in completing that process the committee met only once in 2013, although members did provide email feedback on a number of issues.

Plans

- Our committee comprises members with mixed academic, managerial and clinical skills within the physiotherapy field and we are seeking a further committee member who is able to represent the lay perspective.
- We are excited about the purpose and functions of the new committee with a greater focus on raising the awareness of ethical issues in the profession and encouraging debate.
- We intend to have representatives from the committee attend branch meetings to facilitate discussions on some of the ethical issues currently facing the profession.
- We will submit articles to *Physio Matters* for the "Focus on Ethics" column.
- Members will see and hear more from us in 2014!

Fy Dunford
Chair

JOURNAL NEW ZEALAND JOURNAL OF PHYSIOTHERAPY VOLUME 41

Honorary Editorial Committee

A Prof Leigh Hale, Editor; Janet Copeland, Associate Editor, In Other Journals, Out of Aotearoa; Dr Anna Mackey, Associate Editor, Book Reviews; Dr Suzie Mudge, Associate Editor, Invited Clinical Commentaries; Dr Stephanie Woodley, Associate Editor, Clinically Applicable Papers; Dr Sarah Mooney, Associate Editor; Dr Meredith Perry, Associate Editor; Dr Richard Ellis, Associate Editor.

Acknowledgements

Sincere thanks for their invaluable hard work to: Copy Editor Bryan Paynter, Janet Copeland, Amy Macklin, the Honorary Editorial Committee, and journal reviewers; and also to all journal contributors.

Activities and achievements

It has been a productive, rewarding and extraordinary year for the journal.

- We celebrated 100 years of physiotherapy education in New Zealand with a special edition of the journal as our first issue in March, published just before the University of Otago School of Physiotherapy celebrated their centenary. This issue mimicked the very first issue of our journal published in September 1938, with seven invited reviews updating the topics of the papers published in 1938 and a copy of the September 1938 issue included. To reflect the activities of this centennial year the journal used as its front cover three original plates of hand-drawn anatomy images from the AE Kidd collection (1919).
- The three issues of the journal included eight peer-reviewed articles, one invited clinical commentary, seven invited reviews, and two ML Robert prize-winning papers (for undergraduate physiotherapy research). Book reviews, clinically applicable papers, In *Other Journals* and *Out of Aotearoa* continued.
- We applied for Medline access for the journal and await the outcome.
- Over the last three years, average duration from submission of a paper to final publication is seven months. Our acceptance rate of unsolicited papers in the past twelve months is 1/27 (41%).

Leigh Hale
Editor

SCHOLARSHIP TRUST FUND

The Scholarship Trust Fund was established in 1980 to promote, encourage and assist members carry out physiotherapy research and contribute to physiotherapy education in New Zealand.

Recipients of awards

The Scholarship Trust Fund Selection Committee met on 4 November to consider the applications made to the fund. The following awards amounting to a total of \$49,532 were made.

Ricky Bell

Title: Huarahi Hauora - Identifying a pathway forward to wellness for Maori. **Total awarded:** \$7700

Dr Cathy Chapple

Title: Effects of aerobic training on menstrual pain in women with primary dysmenorrhea – A randomised controlled trial. **Total awarded:** \$2651

Assoc. Professor Leigh Hale

Title: Blue Prescription – Enhancing physical activity for people living with disability. **Total awarded:** \$11438

Linda Lee

Title: Injury incidence and the use of the movement competency screening tool to predict injury risk in full time dance students at the New Zealand School of Dance (NZSD): A prospective cohort study. **Total awarded:** \$2000

Dr Grant Mawston

Title: The effect of pelvic fixation and lumbar spine position on back extensor torque and trunk muscle activation in patients with chronic low back pain. **Total awarded:** \$9375

Daniel O'Brien

Title: Patients' and clinicians' beliefs and expectations regarding the management of Osteoarthritis in New Zealand. **Total Awarded:** \$4046

Dr Gisela Sole

Title: Do footwear variations influence the magnitude and direction of forces across the knee in people who have sustained a knee injury? **Total awarded:** \$7618

Lynne Taylor

Title: Increasing physical activity of older people living in residential care using interactive video games: a pilot randomised controlled trial. **Total awarded:** \$4704

.....
Janet Copeland
Policy and Research Advisor

ML ROBERTS PRIZE

The M.L. Roberts Prize was established in 1983, named in honour of Miss Mary Louise Roberts, first Principal of the New Zealand School of Physiotherapy.

The prize of one year's membership of Physiotherapy New Zealand is awarded for the best research project carried out by a fourth-year physiotherapy undergraduate student or group of students from the two Schools of Physiotherapy.

In recognition of the different structure of the research component for fourth-year students at the University of Otago and AUT University, awards are presented to both schools.

Award winners

School of Physiotherapy, AUT University

Alistair Maney

Evaluating the Validity of an Accelerometer for Activity Classification in Older People

Tom Iwan and Briar Garton

The Reliability of Measuring the Inter-Recti Distance using High-Resolution and Low-Resolution Ultrasound Imaging: A Cross Sectional Observation Study

School of Physiotherapy, University of Otago

Carla Cameron

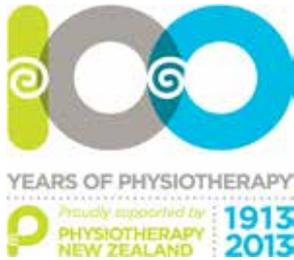
The Acceptability and Feasibility of Mobile Methods to assess the perceived effects of dog walking on health and well-being

Jaimee Northcott, Nichole Gillespie, Laura Due, John Lim and Peter Chiu

Age-related changes of the glenoid labrum: a narrative review

.....
Janet Copeland
Policy and Research Advisor

HISTORY



The 2013 celebrations of the centenary of physiotherapy in New Zealand marked the culmination of nearly seven years' work gathering archive materials and oral histories, cataloguing libraries, and building a unique virtual repository of physiotherapy history. Thanks to the work

of the staff at PNZ, the website evolved from a basic content management system, holding literally thousands of digital files, into a fully functioning archive of audio, image, text and video.

The design of the site owes much to the creative imagination of the team at heyday! (<http://heyday.co.nz>), who worked their magic to design a space that integrates seamlessly into the PNZ parent site, whilst retaining its own distinctive look.

You can see the website in all its glory here:
<http://www.100yearsofphysio.co.nz>.

Within a few days of the site going live in early March, we had received congratulations from physiotherapy associations throughout the world, and there were more than 5,000 'hits' to the site by the end of the first month. We've continued to populate the site during the year (it was, after all, designed to be a living history of the profession), and we've received suggested corrections and additions from members old and new.

Our decision to make the site open to the public has meant that retired members can see and hear everything on the site, and this has been welcomed by many.

As well as the website, we've had other celebrations of the centenary – holding events at the Otago Centenary in April and at a Leadership Day in September with the various SIGs and branches of the Society.

The centenary celebrations have given us pause to reflect on where the profession has been, where it is now, and where it is going, and the profession now has an extensive and valuable resource at its disposal as it moves into its second century.

.....
Dr David Nicholls
Chair

PRIVATE PRACTICE ADVISORY GROUP (PPAG)

Committee members

Grant Chittock, Chair; Greg Knight; Jan Smith; Denis Kelly; Chris La Pine; Tania Clifton-Smith; Lucy Hickman PNZ Corporate Services Manager.

Background

In January 2013 a Special General Meeting confirmed the winding up of the New Zealand Private Physiotherapists Association and transferred its valuable business support resources to PNZ, for access by all members. The Private Practice Advisory Group was set up as the voice of private practice, representing the interests and needs of private practice physiotherapists directly to the PNZ National Executive.

Activities and achievements

- We met for the first time on 3 May.
- We made significant resources available to all members on the PNZ website, grouped under the headings: Starting; Certification; Staff and HR; Surveys; Tax and Reporting; Laws and Obligations.
- Interested members subscribed to a free **Business Matters** newsletter.
- Five editions of **Business Matters** were sent out during the year, and published on the website.

Plans

In 2014 we plan to:

- Provide input to National Executive to inform lobbying and advocacy activities, strategic planning, policy development, workforce issues, capability development and business support needs.
- Promote high quality business practices in physiotherapy practice by providing input and advice to PNZ on the services and support best needed by private practitioners.
- Communicate regularly with all PNZ members working in private practice on matters of relevance to this group. This is likely to include such activities as surveys to gather information to support PNZ's advocacy and lobbying activities or to inform any recommendations or input that PPAG provides to PNZ.

.....
Grant Chittock
Chair

OUR ELEVEN BRANCHES PROVIDE EDUCATION, NETWORKING AND LOCAL SUPPORT FOR ALL MEMBERS THROUGHOUT THE COUNTRY. BRANCH COMMITTEES ARE THE UNSUNG HEROES WHO MAKE THINGS HAPPEN.

NORTHLAND

Committee Members

Ben Gray, Chairperson; Holly Coppins, Secretary; Judith Bale, Treasurer; Edith Rotgans; Bernadette Luxford; Jill Coenra; Brian De Vetter; Dale Kent-Smith; Ryan Saunders; Wendy Hill.

Activities and Achievements

- AGM in April. Suzie Mudge (physiotherapist from Auckland) was the key speaker who presented on the Living Well Project and Activity Coaching to Improve Walking.
- In May Duncan Reid came to Whangarei to present a post-manip course. He kindly offered to come up the night before and present to our members about hip and knee OA, and models for future service provision in this area. This was well attended.
- We hosted a lunch in June for a number of our ex-PNZ members who were interested in starting a history project. While it is acknowledged that there are many great stories about physiotherapy in Northland that would be great to record, the project needs a central person or small group to drive it. One of our members is considering taking on this role for the project.
- We continued to collaborate with the Northern Rural Nursing and Allied Health Consortium, who provided various other training opportunities throughout the year which our mid- and far-north members attended.
- We organised two first aid courses for our members in October this year through Actions for Survival. The presenter was fantastic and this was a fun experience.

Plans

- We will hold our AGM in March or April, with a key speaker.
- We plan to hold two one-day courses on weekends this year: one with a musculoskeletal focus; and one with a wider brief.
- We continue to keep the focus of the Northland Branch on providing training opportunities for our members and improving collaboration with other health and social services groups.

.....
 Ben Gray
 Chairperson

NORTH SHORE

Committee Members

David Beattie, Chairman; Jenny Anderson, Secretary; Viv Sheldon, Treasurer; Niki Saywell, Scholarship; Andrew Jones, Newsletter; Theo Manual, Student Rep; Donna Hickmott; Julika Woesler.

Activities and achievements

- We have continued in our mission statement to deliver quality continuing professional development for our membership over 2013.
- Highlights of the year have included: Lower Limb Radiology from Dr Neal Stewart of Auckland Radiology; Justin Lopes Football New Zealand physiotherapist discussing traveling as a sports physiotherapist; and Dr Chris Boberg a local G.P. and skin specialist discussing early detection of melanoma.
- Our committee appointed Theo Manual, a third year physiotherapy student as our student representative. Theo has been a wonderful addition to our committee and we have seen a steady increase in our meeting attendance by our student member cohort. We see this initiative and our close relationship with AUT Auckland University of Technology bearing fruit in the future as young students join their professional body, and we hope this becomes an attitude for the life of their career.
- Another highlight of our year was planting a puriri tree in the grounds of North Shore Hospital to celebrate the 100-year celebration of physiotherapy in New Zealand. The puriri tree was chosen as Maori used it in traditional preparations to treat pain and muscle aches, which we believe made it an appropriate selection to commemorate this special event.

Plans

We look forward to continuing development of our profession amongst our members in 2014.

.....
 David Beattie
 Chairperson

AUCKLAND

Committee Members

Amanda Brown, Chairperson; Sandie Alexander, Secretary; Moira Fahy, Treasurer; Jenny Andrew; Estelle Bailey-White; Laura Holder; Lynne O'Sullivan; Lisa Scherger; Katy Street.

Mark Quinn was co-opted onto the committee in September.

Activities and Achievements

- Four Branch meetings
 - » In March, two Auckland Branch Scholarship recipients reported: Alison Elston on a Bobath Course; and Wendy McInstry from a Building Interprofessional Education into Large Health Services conference.
 - » At our AGM in May, Margie Olds, Peter McNair and Laura Holder spoke about IT for PTs.
 - » In August, Mr Brendan Coleman presented on Knee Injuries and ACL Rehabilitation, followed by Dr Quentin Reeves discussing Plain Xrays and Knee Pathologies.
 - » Finally, in November, Dr Sharad Paul presented on Skin Cancer – An Overview for Physiotherapists. Physiotherapists Christine Miller and Stacey Borich talked about PINC Cancer Rehabilitation.
- In September, Auckland Branch members were surveyed for input about the branch - their requirements and thoughts on current programmes and future direction.
- No Auckland Branch Scholarships were awarded.
- Five committee meetings.
- We organised and subsidised four St. John's Basic Life Support (CPR) courses in March, May, October and November.
- We donated \$2000 to Canterbury Branch for the support of their members. A further \$3000 will be forwarded on maturity of term deposits.
- The 2013 John Morris Memorial prizes were awarded to fourth-year AUT students Alexi Petrie (winner: \$400) and Nick Reay (runner-up: \$200).

Plans

- We will host four Branch clinical meetings, with speakers of general interest. We may also hold a third mid-year symposium, with a theme relevant to both current healthcare policy and a broad range of physiotherapy areas.
- The Basic Life Support courses will continue to be offered.
- As always, the committee welcomes both greater member attendance at Branch meetings and suggestions for activities and speakers at our clinical evenings.

.....
Amanda Brown
Chairman

WAIKATO/BAY OF PLENTY

Committee Members

Kara Thomas, Chairperson; Julia Brighthouse; Renee Wood; Rachel Roberts; Sue Langdon.

Activities and Achievements

2013 was an exciting year with the profession celebrating 100 years! Current branch membership is 413.

- We celebrated in September with a wonderful centennial dinner. Guest speaker: Brian Mulligan. Highlights included an inspiring and humorous insight into Brian's life, Life Member Frances Wilson joining us from London and rapping the night away, and presentation of WBoP Branch Life Member awards to Nicky Nunn, Trish Johnson, Fiona Murdoch and Ann McKellar.
- A course presented by David Butler in May was fully subscribed. A unique opportunity to learn from this internationally renowned presenter with participants able to integrate this work easily into clinical practice.
- We continue to promote clinical evenings in the Hamilton, Tauranga and Taupo regions, which have been successful in broadening networks and interactions within the profession. Good numbers attend.

Topics have included:

- Physiotherapy-specific discussions
- Physiotherapist experiences of guest speakers
- Local specialists and orthopedic specialists
- Two full branch meetings were held in March and November 2013 and focused on topics including:
 - Pelvic Health Physiotherapy – Linley Edmeades, physiotherapist
 - Lymphoedema Physiotherapy – Renee Wood, physiotherapist
 - Ethics in Physiotherapy Workshop
 - IFOMPT report and Cervical Artery Dysfunction – Nicky Nunn, physiotherapist
 - Recognizing Melanoma in your Patients - Mr John Kenealy
 - Hand Therapy – When to refer to a Hand Therapist – Hayley Borkin, physiotherapist
 - My Journey as an Olympic Mountainbiker – Karen Hanlen, physiotherapist

Plans

- Promote evenings in Hamilton, Tauranga and Taupo and develop evenings in the Rotorua area.
- Build ongoing relationships and information sharing between public and private physiotherapy. Involve both Waikato and Bay of Plenty DHBs in presentations.
- Encourage members' involvement on the committee.
- Seek a permanent editor for our newsletter.

.....
Kara Thomas
Chairperson

HAWKE'S BAY

Committee members

Raewyn Newcomb, President; Dawn Birrell, Secretary; Louise Coughlan and Katy Parsons, Treasurer; Shelley Fox; Lee-Anne Taylor; Colin Tutchen; Juliet Rawmsley; Craig Harrington; Tony Snell.

Acknowledgements

Sadly, Fiona West passed away in April. A longstanding member of our branch, Fiona was a strong advocate in particular for physiotherapy services in the community.

Activities and achievements

- The year began with the AGM in February, held at Vidal's Winery. Guest speaker Elizabeth Phillips (ACC advocate) led a thought-provoking and informative discussion on the relevance of physiotherapy records to ACC decisions and disputes.
- April – in association with the Red Cross, a First Aid course for Physio/Sports personnel. This was a good opportunity to update and refresh skills – as well as emphasising the legal responsibilities of a sports physiotherapist.
- Also in April – Janet Copeland, PNZ Senior Policy and Research Advisor, presented an evening seminar on Ethics.
- July – two branch members shared their extensive knowledge and expertise.
 - » Lee-Anne Taylor: Postgraduate study, What you need to know about further education
 - » Rachel Kyle: Plantar Fascia Taping – a practical session looking at methods to tape for plantar fasciitis
- August – Radiologist Dr Yee Fan presented on the topic of Musculoskeletal Ultrasound Including discussion on when to refer for ultrasound, guidelines on the use of cortisone injection and implications for healing.
- October – an evening presentation on Maori Trends in Health with guest speaker Shayne Walker, Programme Manager, Maori Health, Hawke's Bay DHB.
- The Year concluded in November, with a workshop with Dr Mark Laslett FNZCP, PhD, Dip.MT, Dip.MDT, consultant in musculoskeletal diagnosis and therapy. Dr Laslett shared his extensive resources and knowledge on the patho-anatomic causes of back and referred lower extremity pain: clinical examination, imaging and management / therapy.

.....
Raewyn Newcomb
President

MIDDLE DISTRICTS

Committee Members

Jenny Christie; Vicki Rea; Andrea Rice; Claire Montgomery; Julia Craig; Lorna Maurer; Mark Oram; Rodney Brooks-Mann; Sharon Taylor; Simon Loudon.

Greg Sheffield recently resigned from the committee.

Activities and Achievements

- Completed a survey to establish members' needs.
- The local subgroups' evening and day courses have continued and have been successful.
- Palmerston North hosted "Physiotherapy at the 2012 Olympics," "Learning Styles in Physiotherapy" and "Podiatry Evening".
- Wanganui has held a "Hydrotherapy Evening."
- New Plymouth has hosted a "Dynamic Gait" one-day course.
- We continue to have teleconferences and the minutes are updated on the PNZ website.
- Vicki Rea, our treasurer attended the PNZ Leadership seminar and provided the committee with feedback.

Plans

- We aim for 3-4 local subgroup evenings.
- We are planning a course to be held in conjunction with the AGM. This is likely to be held in April in Palmerston North.

.....
Jennifer Christie
Secretary

WELLINGTON

Committee Members

Sue Doesburg, Chairperson; Meredith Perry, Secretary; Julianne O'Donnell, Treasurer; Nick Clode, Newsletter Editor.

Acknowledgements

I would like to thank the committee for their work to keep the branch ticking along. Four young physiotherapists have agreed to join the committee for 2014 which is sure to bring some new energy to the branch.

Activities and achievements

2013 was a quiet year for the branch due to the small number of committee members and other priorities on their time.

- A presentation and discussion on 'Professional Supervision – Why Bother?' from branch members Julianne O'Donnell, Gill Stotter and Nick Clode,.
- In May Janet Copeland, PNZ Policy & Research Advisor, presented on 'What guides our professional practice' providing a timely reminder of the various policies, standards and guidelines available to inform and guide our physiotherapy practice.
- The third 'branch meeting' took the winter weather in to consideration by providing a webinar on 'Chronic Pain – it's all about education' presented by Joanne Hughes, Occupational Therapist and Team Leader HVDHB Pain Management Service. Interestingly 66 members accessed the webinar – a larger number than normally attend branch meetings, indicating that webinars are a good way of providing CPD to members.
- Committee members attended the PNZ leadership seminars and I represented the Wellington branch at the PNZ AGM in Dunedin.
- There were no applicants from branch members for Searchwell Trust support and no applications from Wellington Centre students for the Community Service Award. However fourth year students Alannah Coppersmith and Jaimee Northcott nominated Karen Wright and Anna Barton for the Clinical Supervisors award.
- Karen and Anna received their awards during the branch AGM which was followed by an interesting presentation from Dr Giresh Kanji on, 'The Sensory Amplification of Pain – the Adrenaline model of Headache Causation'

.....
Sue Doesburg
Chairperson

NELSON/MARLBOROUGH

Committee Members

Philip Arthur, President; Bizzy Candler, Secretary; Karin Aitken-Meehan; Kate Davies; Kate Gordon; Lindy Horrocks; Jeanette King; Leonie van den Bergh; Tracey Wilton.

We began the year without a branch president or secretary. At the first 2013 committee meeting, I put my name forward for branch president and Bizzy Candler volunteered for the secretary role.

Activities

- We created a physiotherapy branch email and a dropbox account. This has enabled our branch members to stay abreast of our branch meetings, some from as far away as France.
- We donated \$1000 to the Motueka Riding for the Disabled in August this year. This donation was to celebrate 100 years of Physiotherapy in New Zealand and assisted them to purchase an appropriate horse to enable them to continue with their fantastic work with disabled youngsters.
- Two members made use of the education fund. I attended a Sports Sideline Medical Emergencies course in April and Karin Aitken-Meehan attended a course in May on Mulligan treatments of the SIJ.
- Branch meetings also included Helen MacDonald talking about her Masters research, our CPR refresher course, ethics, the pelvic floor and Mike Monaghan on elbow and foot mobilisations.

Plans

- Continue taking our branch into the digital age by organising a regular multiperson Skype videoconference for all Branch meetings.
- Successfully hold the 2014 symposium on the Cervical spine Neural Dynamics on 14 June.
- A course on SIJ mulligan treatment has been organised for Nelson in March 20.
- Continue to assist Branch members attend courses through our education fund.

.....
Philip Arthur
President

CANTERBURY

Committee Members

Jo Nunnerley, President; Tara Martin, Secretary/Treasurer (from August); Wendy Fulton; Robyn Bayly; Eileen Jones (West Coast Representative); Pam Allan (South Canterbury representative); Meris Brandram-Adams; Tracey Pons; Lydia Dockrill; Ben Henderson.

Acknowledgements

Thanks to our departing members: Nicola Green, who worked tirelessly in the Earthquake Support and Liaison position; Rene Templeton, South Canterbury representative; and Joke van Staveren for their valuable contributions to the committee.

Activities and achievements

In the past year we have run a varied programme.

Christchurch

February	Effects of the Canterbury Earthquakes on Physiotherapists and Physiotherapy Service Provision - Hilda Mulligan and Sandy Ferdinand, School of Physiotherapy Motivational Interviewing course – Rowena Palmer
April	Physiotherapy Advisory Group update – Robyn Bayly, Ken Stewart, Grahame Nuttridge and Greg Knight
May	Dementia presentation – Marja Steur National Coordinator, National Dementia Cooperative
June	Pain forum – Tracey Pons, Bronnie Thompson and Andrew Fairbairn. A fundraiser for the Canterbury Physiotherapy (Including Jean Erwin) Charitable Trust
August	AGM including artificial limb centre visit and Osseo-integration and New Prosthetic Technology = Graeme Flanagan National prosthetics Manager

2013 saw a revitalisation of the Physiotherapy Advisory Group which represents the wider membership to influence future health care delivery in the region and to ensure the diverse roles of physiotherapy are promoted.

The use of videoconferencing, through the generosity of the Canterbury District Health Board, has strengthened links to South Canterbury and the West Coast. In addition those two areas have successfully run independent programmes.

West Coast SubGroup

June	Update on IFHS (Integrated Family Health Service) and Transalpine Service – Carol Atmore, Chief Medical Officer West Coast District Health Board.
September	World Physio Day Celebrations

Plans

To raise the profile of physiotherapy and support our members in their roles in primary care initiatives within the Canterbury health system, and provide a range of activities and continuing professional development based on members' preferences

.....
Jo Nunnerley
President

OTAGO

Committee Members

Sara Edwards, Chairperson; Gina Isbister, Treasurer; Chris Higgs, Education Officer; Mark Shirley; Newsletter Editor; Maree Kennelly; Sarah Tiong; Marike Marais.

This year we have seen a number of changes to the committee with the resignation of Steph Woodley (Chairperson), Courtney Bennie (Secretary), Stafford Thompson (Treasurer) and Cathy Chapple. Many thanks to these members for their huge time and effort. Sara and Gina moved into portfolio roles, and we welcomed Sarah Tiong, Marike Maris and Maree Kennelly onto the committee.

Activities and Achievements

- Branch Meetings: Helen Littleworth (Physiotherapist Olympics); Steve August (Back Pod); Prof Dirk De Ridder (Otago's hard-fought-for Neurosurgery Chair); Chris Higgs, Ruth Zeinhart (Move Me); and Postgraduate Students from the School of Physiotherapy.
- Courses: The Branch fully subsidised members to attend David Nicholls' workshop on Reflective Practice, and in November the Branch heavily subsidised a Vestibular Hypofunction course, presented by Bridget Dickson and Debbie Standing.
- Centenary celebrations: Our branch presented a monetary award at the conference to Jessie Snowdon for her talk. We invited Stanley Paris to speak to the branch following the conference and on the same evening we provided a 100-year celebratory cake, which we asked Margot Skinner to cut in recognition of her honorary fellowship award from PNZ.
- The Education Sub-committee reviewed the Education Fund application and Information forms and look forward to applicants.

Plans

- The biennial Southern Physiotherapy Symposium due in 2013 was postponed, and we anticipate this will run in 2015. Planning for the SPS will be a feature of our branch meetings in 2014.
- We hope to organise one or two courses in Otago in 2014. We will continue with two-monthly branch meetings and have interesting speakers in mind. We welcome suggestions from our membership regarding local initiatives, presentations, courses and workshops.

.....
Sara Edwards
Chairperson

SOUTHLAND

Committee Members

Anna Thompson, Chairperson; Ruth Nicholas, Treasurer; Elvira Masters, Secretary; Jeff Walker; Kjersti Carmichael; Karyn Duthie; Kim Laurie; Fiona Morse; Angela McMaster; Lucy Koch; Bridget Armour.

Elvira Masters resigned from December, Kim Laurie resigned in July, and I resigned from my position as chairperson and from the committee at the conclusion of the year.

Activities and achievements

- In March, Leonard Bagley, pharmacist educated us about common pain relief medications.
- Mr O'Malley, orthopaedic surgeon, spoke to us in July about spinal surgeries.
- For World Physiotherapy Day we went to the local velodrome for a spin then headed down to the pub to watch the rugby.
- In October we funded Steph Woodley, clinical anatomist, from Otago University, to come down to Invercargill with some lower limb cadaver specimens to run a three-hour education session. We received additional funding for this from the Otago-Southland Physiotherapy Trust.
- We finished the year with our AGM in December with Christine Gibb, physiotherapist, speaking on her trip to Thailand to attend the sports medicine conference early this year.
- Education sessions have been extremely well attended this year.
- In addition to our education sessions we held three committee meetings.

Plans

For 2014, we will continue with just four educational meetings as per 2013 and we are going to look into the possibility of hosting an education session in Te Anau to support our Te Anau members.

.....
Anna Thompson
Chairperson

TWELVE SPECIAL INTEREST GROUPS SUPPLY RESOURCES AND EDUCATION TO PHYSIOTHERAPY NEW ZEALAND MEMBERS WHO SPECIALISE IN PARTICULAR AREAS OF EXPERTISE OR PRACTICE. INCREASINGLY, THE SPECIAL INTEREST GROUPS ALSO FEED INFORMATION TO THE REST OF THE PROFESSION WHO NEED TO IMPROVE THEIR UNDERSTANDING OF THESE AREAS.

ACUPUNCTURE – PAANZ (PHYSIOTHERAPY ACUPUNCTURE ASSOCIATION OF NEW ZEALAND)

Committee members

Executive Committee

Guy Bailey, President; Trevor Montgomery, Treasurer; Anne MaCann, Education Officer; Jane Scoular, Registrar; Jillian McDowell, Research Officer; Andrea Moses, IAAPT representative; Kirsty Speedy; Derek Timmins; Susan Kohut; Lynda Atkinson.

Education Team

Anne MaCann, Education Officer; Jillian McDowell, Research Officer; Guy Bailey; Hamish Ashton; Karen Keith; Linley Leuthard; Robyn Vintiner; Susan Kohut; Sandy Page; Wendy Lockhart.

A big thank you to all for valued contributions to PAANZ. Thanks also to our Administrator Angela Trotter for organising so efficiently and pleasantly.

Activities and achievements

- Several successful courses with positive feedback and mostly high attendance. Our April and July musculoskeletal dry needling course proved so popular that a third was arranged in November/December. PAANZ was also privileged to host two international speakers, again with positive feedback.
- Our membership continues to grow and this would not be possible without the ongoing support of our committed members.

Plans

- Exciting course options. Our national case history day will begin the year followed by Dry Needling, in Christchurch, to ensure South Island members do not miss. In April a Moxa and Qi Gong course, as well as a follow-on from Dr Ted Pearson's course, for those who attended in October. Our refresher course will be held in Auckland over four consecutive days.
- In June, our Symposium (previously known as our Register Day) for both registered and non-registered PAANZ members. Our AGM will follow in Wellington. In July, a second dry needling course in Auckland. A new course will be Energenics, in August in Invercargill. September is the PNZ conference. We end the year with a Cupping and Qi Gong course.

.....
Guy Bailey
President

CARDIOTHORACIC

Committee members

Kirsty Johnson-Cox, Chairperson; Fy Dunford, Secretary; Bridget Eastwood, Website editor and CTSIG Blogger; Victoria Donoghue, Treasurer; Lynne O-Keeffe, Education Officer and CTSIG Blogger; Heather Argyle, Database Secretary (until August); Bridget Armour.

Acknowledgements

Thanks to committee members for work on issues despite extended periods abroad or juggling major life events. Congratulations to several who are about to become first-time mothers.

Activities/Achievements

Our current membership is 95,

- With reduced availability of our committee we focused on matters members voted most important, such as providing courses. Our 2013 course, held after the Centenary conference at Otago University was well attended and widely appreciated. Our 2013 AGM witnessed the retiring of Karen Evison and Sarah Butler from their posts and we welcomed Kirsty and Brigitte onto the committee.
- No Skype meetings this year. All activities and tasks were managed via email. This has included answering queries and reviewing information for the International Cardiorespiratory Group and PNZ, answering membership queries, running the scholarship process, supplying reports, blogs, and representing the SIG at courses, meetings and award presentations.

Plans

- We are maintaining and updating the CTSIG website, providing a blog and representing the CTSIG at various forums such as the PNZ-run leadership days and PNZ document reviews.
- The scholarship process continues each year. We are committed to support both schools of physiotherapy by providing an achievement award.
- We aim to engage speakers for courses using feedback and ideas received from membership.
- Members' voice is important. There are plans to rerun our national survey in 2014 which will provide members with this opportunity to give ideas.
- I complete this report with notice of my resignation from the committee. I look forward to supporting the next incumbent to the role, which is exciting, worthwhile and rewarding.

.....
Fy Dunford
Secretary

CONTINENCE AND WOMEN'S HEALTH

Committee members

Ann McKellar, Chair; Melissa Davidson, Secretary; Trish Wrigley, Treasurer; Margie Humphreys, Newsletter; Ruth Broom, IOPTWH rep; Liz Childs, Continence Association Rep; Vicky Holmes; Carol Ramsden; Jill Wood; Lisa Yates; Sharon Wilson.

Acknowledgements

We will miss Ruth's outstanding contributions. Thanks to all our committee whose dedication maintains the high standard of our group.

Activities and achievements

- Our quarterly newsletter is full of current information including recent research, book reviews and activities.
- Melissa Davidson has been attending the PNZ Leadership seminars.
- A subcommittee defined criteria for the education fund. The successful applicant was Melissa Davidson who is doing her MPhil and attended the APA conference.
- Lisa Yates has been providing education sessions in conjunction with the Continence Society, and provides articles for "Littlies" magazine.
- In 2012 we ran two Basic continence courses but this year we decided not to have any as Tarryn H from Australia ran several basic continence courses in New Zealand.
- In August Jill Boissenoff from USA presented at our course in Rotorua to coincide with the manual therapy conference. This was oversubscribed at 28 but we squeezed everyone in. PNZ help with registrations and administration made organisation much easier.
- The PNZ campaign featuring women's health was very successful with Melissa, Lisa and Sharon producing superb resources.
- We continue to flourish and have over 150 members.

Plans

- Diane Lee at the PNZ conference.
- We may run training on Insertion of Pessary, as at present physiotherapists need to attend a course in Australia.
- Facing the challenges of facilitating ongoing education, as it is not always economically viable to provide it in New Zealand.

.....
Ann McKellar
Chair

DHB LEADERS

Committee members

Kristine Nicol (Upper North), Chairperson; Lindsay Pooley (Midlands), Secretary; Sue Doesburg (Lower North), Treasurer; Simon Kerr (Upper North); Janette Anderson (South); Elizabeth Wilkinson (South); Tracy Hogarty - Lower South; Dale Radford (Lower South).

Activities and Achievements

- Liz Wilkinson represented the group at the May PNZ Leadership Seminar. Items discussed included: a new website providing opportunity for the public to find a local physiotherapist; an orthopaedic initiative at South Canterbury DHB; the role of Physiotherapy Specialist; the future of the College; the PNZ superconference.
- Lindsay Pooley attended the September Leadership Seminar where items discussed included: financial management and role of treasurer; committee function; the PNZ superconference.
- Sue Doesburg represented the group at a PNZ superconference preliminary planning day in March.
- The National Directors of Allied Health group approached us, to strengthen links with national leaders' groups in allied health. We sent them our terms of reference.
- The committee discussed with PNZ refining the process for renewing membership to our SIG. Existing members will be invoiced directly and PNZ will refer new people applying for membership to the chair of the group for approval.
- The committee discussed developing a guideline and budget template for the annual conference to assist with planning and monitoring of revenue and expenses.
- Currently the conference host reviews feedback from conferences at a local level. It has been suggested that it would be useful for the committee to review the collated feedback from conferences.
- Our 2013 conference was held in Rotorua, with a theme of 'Hot on Quality.'

Challenges

- This year due to work commitments the committee has experienced challenges in continuing the regular monthly teleconferences.
- Regional meetings have continued throughout the year with mixed success.

Plans

- Continue regional meetings

.....
Kristine Nicol
Chairperson

EDUCATION

PHYSIOTHERAPY EDUCATION GROUP (PEG)

Executive members

David Nicholls, Chair; Meredith Perry / Wendy McKinstry, Secretary; Erik Dombroski, Membership Secretary/Treasurer; Daniel O'Brien; Rene Templeton; Ewen Kennedy; Allyson Cadler.

Chris Higgs did not stand for re-election in 2013, leaving open the role of Membership Secretary/Treasurer. This was filled by executive team member Erik Dombroski. Chris's work with the PEG Executive since its inception was invaluable. We greatly appreciate all the time and effort that he has put into the group in the last few years. New members to the group included Wendy McKinstry, Ewen Kennedy and Allyson Cadler.

Activities and Achievements

2013 was another busy year for the PEG executive, as in 2012 there were a few changes in the executive.

- This year PEG became the first 'fee-free' PNZ special interest group. After some years of financial stability we believed we were in a position to offer this. We hope that this move raises interest in membership which has grown steadily since the SIG's inception in 2009. Hopefully all PNZ members will come to see education as a cornerstone of all areas of their practice.
- We promoted and ran three reflective practice courses, facilitated by Dr David Nicholls. Still maintaining PEG's intentions to offer these courses in smaller New Zealand towns, the course was run in Dunedin, Invercargill and New Plymouth. The course was well attended and the feedback very positive.
- The PEG Executive held five teleconference meetings during the year and discussed issues including the Physiotherapy New Zealand 'superconference,' changes to student membership for PNZ, and peer supervision models.
- We published three e-newsletters in 2013 (April, August and December).

Plans

- We will continue to look for new and innovate ways to promote education in physiotherapy in New Zealand.

.....
Dave Nicholls (Chair) and Daniel O'Brien

HAND THERAPISTS

NEW ZEALAND ASSOCIATION OF HAND THERAPISTS (NZAHT)

Committee members

Executive: Moana Cameron; Craig Hawkyard; Emma Hedges; Trish Brown.

Gail Donaldson, PNZ Representative; Alison Derbyshire, OTNZ Representative Ross Simmons; Webmaster.

ACC Committee: Eileen Carroll; Julie Rouse; Lisa Hansen; Caroline Durney.

Education Committee: Jackie Chiplin; Alice Cornforth; Alison Derbyshire; Rebecca Clay; Tania Stephenson.

Acknowledgements

We acknowledge the contribution of office holders, committee members, regional representatives, and those who contribute by supervising members to ensure an acceptable standard of practice.

Activities and Achievements

- Conference. NZAHT combined with the Australian Hand Therapy Association and 56 members attended the Conference in Lorne. Theme: "Biomechanic of the Upper Limb." The AGM and election of officers was also held.
- Research. The 2012 AGM approved funding for research on behalf of the Association. Unfortunately the grant has not yet been allocated. Information regarding the research grant is available on the website.
- Marketing. Members staffed stalls at the GP Conferences in Rotorua and in Dunedin. The feedback from GPs was positive and we believe this is a worthwhile activity for promotion of our service.
- Education. Four courses were organised throughout the country and were well attended. One was Richard Ellis on "Neurodynamics." Later in the year acclaimed hand therapist/researcher Wim Brandsma, with the support of the NZ Leprosy Mission, impressed attendees at his presentation "Hand Therapy with a Difference." The HaUL (Hand and Upper Limb) paper continues to be well supported.

Plans

- The conference committee based in Christchurch has worked with the Hand Surgeons Association to organise a joint conference to be held in April 2014 in Queenstown.
- NZAHT, NZ Hand Surgery Society, NZOA combined meeting April 2014.
- Promotion of research which will benefit the hand therapy community.
- Hold AGM in conjunction with workshop before November 2014.

.....
Moana Cameron
President

MANIPULATIVE NEW ZEALAND MANIPULATIVE PHYSIOTHERAPISTS ASSOCIATION (NZMPA)

Committee members

Richard Ellis, President; Richard Hopkins; Helen McKendrey; Michael Monaghan; Jill Caldwell; Steve White (Co-opted member).

Activities and Achievements

Training Courses

- Four two-day MCEP courses in each of Auckland, Wellington (Lumbar Spine and Lower Quartile) and Dunedin (Cervical Spine and Upper Quartile).
- Cervical Spine Upgrade Courses in Wellington and Whangarei.
- Mulligan Part A and B courses in Palmerston North.
- Andry Vleeming presented a successful Lumbopelvic Pain course in Auckland in January.

Meetings

- AGM in Rotorua in August.
- Regular meetings were held by the Executive, and other Committees (Education and Conference Committees).
- A training planning session was held in Auckland in November.
- Representatives attended PNZ Leadership Seminars and Conference planning days.

Conference

- The Biennial Scientific Conference was held in Rotorua in August. It was attended by 200 attendees and international speakers included Prof Bill Boissonnault, Prof Peter O'Sullivan and Dr Charles Aprill. Pre- and Post-Conference courses were presented by all three speakers and were well attended. The proceedings also included a panel discussion, case study presentations and a poster session.

Liaison

- Steve White is the NZMPA's IFOMPT representative and serves as an ad hoc member on Executive in this regard.
- Duncan Reid continues on the IFOMPT Executive (Vice-President). He attended the IFOMPT Strategic Planning session in Cincinnati in August.

Acknowledgements

- PNZ National Office for support.
- NZMPA Committees, Tutors and Trustees for tireless work.

Plans

- The regular MCEP and Mulligan courses will take place in 2014.
- Peter O'Sullivan has been invited back to present a course in Wellington in 2014
- The NZMPA will participate in the 2014 Super SIG Conference organised by PNZ. Richard Ellis is a member of the organising committee.

Richard Ellis
President

NEUROLOGY

Committee Members

Todd Stretton, Chairperson; Tara Martin, Secretary; Lynette Lulich, Treasurer; Sally Bowes, Marketing Representative; Denise Lyness; Kimberley Donovan; Leigh Hale.

Acknowledgements

I would like to take this opportunity to thank the NSIG committee members of 2013 for their hard work and commitment. Special thanks to Denise Lyness who resigned as Chairperson and to Louise Taylor, Anna MacRae and Kath Reed who resigned from the

I would also like to thank the National Office for their support throughout 2013.

Activities and Achievements

- Neurosymposium/ AGM. The biennial symposium was held in May in Wellington. Invited speakers were all received well by the participants, as was the post-conference workshop by Professor Helen Dawes. The AGM was held at the Neurosymposium, ensuring a quorum of members. Denise Lyness stepped down as Chairperson and I was voted in to take up this position. Anna MacRae stepped down as Treasurer and from the committee, with Lynette Lulich voted in as the new Treasurer.
- Grants. Despite advertisement, there were no grant applications for 2013. These funds will be made available for members to apply for support to attend the 2014 PNZ conference. Student awards were made available to both AUT University and University of Otago (\$500 each) to present to high-achieving students.

Plans

- In 2014, the NSIG will be 'fee-free' to students, and the fees have been reduced for all other members.
- The university awards have been increased from \$500 to \$750 to each university for 2014.
- The SIG has invited Julie Bernhardt to the 2014 PNZ Conference.
- To ensure the NSIG continues to provide members with support to further their neurology interests within physiotherapy.
- To review terms of reference to for the NSIG committee and process of applications for NSIG Scholarship Grants.

.....
Todd Stretton
Chairperson

OCCUPATIONAL HEALTH

OCCUPATIONAL HEALTH PHYSIOTHERAPY GROUP

Committee members

Kurt Thomas, Chairperson; Wayne Hudson, Treasurer; Mel McKenzie, Secretary; Mark Shirley; Leigh Keefe; Rachel Lilley; Jo Ayers.

Activities and achievements

- The new Vocational Rehabilitation Service has now been in effect for a year. The past year has been both challenging for a lot of our members getting used to working in a different way, and exciting as we collaborate to work together with other physiotherapists and various health professionals. We continue to have strong membership which is great to see.
- Our group was represented at the New Zealand Occupational Medicine Conference where we were asked to present on the Role of the Occupational Health Physiotherapist in the Occupational Health Team. We have also attended Physiotherapy New Zealand leadership seminars and took part in the committee planning the 2014 super conference – an exciting prospect. I also represented our group along with Karen McLeay (PNZ), Jo Williams and Jo Heymel in a feedback session related to vocational rehabilitation services.
- We put together the Body at Work Seminar in Wellington, again inviting other health professionals and health and safety personnel. We had 100 attendees (up from 59 last year) and some great speakers from throughout New Zealand as well as Richard Fuller from Australia.

Plans

- Continue to contribute towards the organisation of the PNZ super conference.
- Work alongside other health and safety professionals and the Ministry for Business, Innovation and Employment (MBIE) in developing a health and safety professional alliance.
- Promote occupational health physiotherapy to physiotherapists, other health professionals and government agencies.

.....
Kurt Thomas
Chairperson

OLDER ADULT

PHYSIOTHERAPY FOR THE OLDER ADULT

Committee Members

Liz Binns, Chairperson; Helen Rowe, Secretary; Karen Porteous, Treasurer; Frances Hadfield; Sarah Mollet; Chrissie Russell.

Activities and achievements

- Ann Newsom resigned from the committee after twelve years of service (five of those as chairperson), and Nateee Howarth Taylor also resigned after three years as secretary. On the group's behalf I would like to thank both these committee members for all their hard work and commitment to the OASIG.
- Tara Martin and Jessie Snowdon volunteered to be the OASIG bloggers on the PNZ site <http://physiotherapy.org.nz/your-health/blogs/on-the-go-physio>
- There were no applications to the Scholarship fund this year. The committee purchased two registrations to the NZ Community Physiotherapy Conference; Lucy Hall and Karen Porteous were our recipients of these. Forty subsidised copies of the Clinical Outcome Measurement in Adult Neurological Physiotherapy published by the Australian Physiotherapy Association were made available to members and 36 members took up this offer. The committee is considering innovative ways to disseminate scholarship funds to members and it is highly likely that this will be in the form of registrations to the PNZ Conference 18-21 September 2014 to be held at the Langham in Auckland.
- The SIG sponsored the prize for second overall fourth-year student at AUT Physiotherapy School, which was presented by Liz Binns at the fourth-year prizegiving. The committee chose to sponsor a prize as a way of promoting the OASIG to our newest members of the profession.
- The annual study day/AGM was held in Auckland on 21st September or race 13 of the Americas Cup. The day started with watching the race on the big screen and then Margie Olds presented a day course on the older shoulder.

Plans

- Continue to communicate with our members and provide educational and networking opportunities.

.....
Liz Binns
Chairperson

PAEDIATRIC

Committee Members

Helen Thorne, Chair; Anna Mackey, Secretary; Julian O'Hagen, Treasurer; Catherine Coull, Minutes Secretary; Vanessa Carrington, Librarian; Jane Hollister, New Members Rep; Hilda Mulligan; Jo Galletly; Bev Hoskins; Madeline Sands; Celia Reid; Gabriella Albers-Greenway; Jane Noakes; Jane Hamer; Gaela Kilgour; Merryn Robertson

Activity and Achievements

- Organised a two-day Movement Disorder Course in May in Auckland and Christchurch. The keynote presenters were Associate Professor Iona Novak and Cathy Morgan from CP Alliance in NSW. This was very well supported with approximately 120 participants across the two sites.
- Pediatric Physical Therapy Journal available online to all PSIG members.
- Helen Thorne participated in the PNZ Leadership Seminar.
- Hilda Mulligan continues as IOPTP International Organisation of Physical Therapist in Paediatrics) representative.
- Gaela Kilgour continues as one of the AusACPD (Australasian Academy of Cerebral Palsy and Developmental Medicine) committee members for New Zealand.
- Professional Development Awards were given to Erin Swan and Hilda Mulligan in April.
- The website committee made updates to the PSIG page on the PNZ website and established a Facebook page.
- A prize was awarded to a student at Otago University.
- Reviewed 2010 "Standards and Guidelines for Paediatric Physiotherapy Practise."

Plans

- Participation in the PNZ Super conference in 2014
 - » International paediatric speaker to give lectures and workshops.
- Further changes/updates to the PSIG page of PNZ website.

.....
Anna Mackey and Helen Thorne

SPORTS

Committee Members

Dr Angela Cadogan, President; Michael Borich, Secretary and Treasurer; Hamish Ashton, Symposium Committee Chair; Dr Tony Schneiders IFSPT Rep; Chelsea Lane, Education Committee Chair; Bharat Sukha (Awards Committee Chair); Kara Thomas; Dr David Rice.

Activities and achievements:

In accordance with SPNZ objectives:

- Standards of Practice:
 - » The Sports Physiotherapy Code of Conduct consultation process was completed. The final document will be disseminated early in 2014.
 - » SPNZ members can now apply for Specialist Sports Physiotherapy recognition through the IFSPT Specialisation pathway.*

Education and Research:

- SPNZ ran three Level 1 Sports Physiotherapy Courses in 2013:
 - » Sports Trauma Management (Auckland)
 - » Sideline Management (Christchurch)
 - » Promotion and Prescription of Physical Activity and Exercise (Auckland)

Other courses held:

- Student Sideline Safety
- Podiatric Assessment and Management of the Foot and Ankle
 - » Involvement in 2014 PNZ Superconference organisation
 - » Sports Physiotherapy Australia agreed to offer SPNZ members access to their educational courses and webinars at SPA member rates.
- Promotion of Physical Activity:
 - » Development of public resources on physical activity.
 - » Courses held covering the assessment and prescription of physical activity and exercise.
- Advocacy and Advisory:
 - » Clarification of the ACC rules regarding claims for physiotherapy treatments performed at sporting events and tournaments.

At the AGM, members voted to award SPNZ's first "Life Membership Award" to Michael Borich who has served on the SPNZ Executive for 20 years.

Plans

- 2014 Sports Physiotherapy Symposium: 15-16 March (Rotorua) with Craig Purdam (Australian Institute of Sport) and Mary Magarey (Specialist Sports Physiotherapist) confirmed as keynote speakers.
- Education: Continue to roll out the Level 1 Courses around the country, and begin development of Level 2 Courses.
- Disseminating the Sports Physiotherapy Code of Conduct.

.....
Dr Angela Cadogan
President

THE FINANCE COMMITTEE OVERSEES THE FINANCIAL MANAGEMENT OF PHYSIOTHERAPY NEW ZEALAND, REGULARLY MONITORING ALL EXPENDITURE, WITH THE MANDATE TO ENSURE PNZ REMAINS IN A STRONG FINANCIAL POSITION.

FINANCIAL REPORT FOR THE YEAR ENDED 31ST DECEMBER 2013

.....

The consolidated financial statements represent the combined financial activities of Physiotherapy New Zealand Incorporated, the New Zealand Society of Physiotherapists Scholarship Trust Fund, and the Physiotherapy New Zealand Branches.

.....

Physiotherapy New Zealand

Surplus

The net surplus after tax was \$133,172. Revenue from subscriptions was \$1,236,714, an increase of \$43,616 over the previous year. Operating revenue was down on 2012 as there was no conference held in the year (they are held every two years). The Private Practice Advisory Group was wound up in the first half of 2013 and \$82,922 was transferred to Physiotherapy New Zealand and has been included as other revenue. These funds are earmarked to spend on PNZ Business projects. Expenditure (excluding 2012 conference expenditure) has increased from 2012 for two main reasons. There was an increase in the marketing spend of \$46,484 due to PNZ's commitment to raise awareness of physiotherapy. Depreciation has also increased by \$52,012 as we launched a new and improved website in June 2013 and the costs associated with this are depreciated at 50% of the diminishing value.

Balance Sheet

Accumulated funds and reserves were \$1,853,111 as at 31 December 2013. Working capital was \$1,115,889 as at 31 December 2013. The market value of investments (cash, bonds and equities) as at 31 December 2013 was \$781,708, an increase of \$36,584.

Scholarship Trust

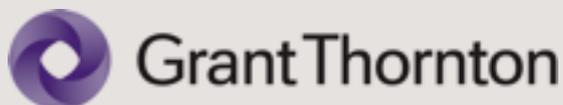
The Scholarship Trust Fund had a total income of \$73,964 (interest and dividends on the investments). \$49,532 was allocated for grants in the year ending 31 December 2013. The trust made a profit of \$13,269 which includes a realised loss on investments of \$34,440, which was offset with previous impairment losses that were reversed in 2013 of \$46,150 (resulting in a net increase of \$11,710 to the net surplus). The market value of investments (cash, bonds and equities) as at 31 December 2013 was \$1,445,836, an increase of \$125,258. Scholarship Trust equity is \$1,032,480.

My thanks go to committee members Cheryl Hefford, Greg Lynch, Gill Stotter and Alan Laurenson (lay person) for their time and commitment to the work of the committee.

.....

Sheila Mann
Chairperson
Finance Committee

INDEPENDENT AUDITOR'S REPORT



To the Members of Physiotherapy New Zealand Incorporated and Group

Report on the financial statements

We have audited the financial statements of Physiotherapy New Zealand and Group on pages 28 to 36, which comprise the statement of financial position as at 31 December 2013, and the statement of financial performance and statement of movements in equity for the year then ended, and a summary of significant accounting policies and other explanatory information.

National Executives' responsibilities

The National Executives are responsible for the preparation of financial statements in accordance with generally accepted accounting practice in New Zealand and for such internal control as the National Executives determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's responsibilities

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with International Standards on Auditing (New Zealand). Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of financial statements that present fairly the matters to which they relate in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control.

An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates, as well as evaluating the presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Other than in our capacity as auditor we have no relationship with, or interests in Physiotherapy New Zealand Incorporated and Group.

Opinion

In our opinion, the financial statements on pages 28 to 36 present fairly, in all material respects, the financial position of Physiotherapy New Zealand Incorporated and Group as at 31 December 2013 and its financial performance, for the year then ended in accordance with generally accepted accounting practice in New Zealand.

A handwritten signature in dark ink that reads "Grant Thornton".

Grant Thornton New Zealand Audit Partnership

Wellington, New Zealand

28th April 2014

Grant Thornton New Zealand Audit Partnership
L15 Grant Thornton House, 215 Lambton Quay
PO Box 10712
Wellington 6143

Telephone +64 (0)4 4748500
Fax +64 (0)4 747 8509
www.grantthornton.co.nz

PHYSIOTHERAPY NEW ZEALAND INCORPORATED
STATEMENT OF FINANCIAL PERFORMANCE
FOR THE YEAR ENDED 31ST DECEMBER 2013

	Note	GROUP		PARENT	
		2013 \$	2012 \$	2013 \$	2012 \$
INCOME					
Operating Revenue	7	1,583,867	1,757,043	1,503,085	1,590,779
Interest Received		125,329	123,474	65,316	64,459
Dividends Received		43,335	36,043	15,431	11,731
Other Revenue		82,922	-	82,922	-
Total Income		1,835,453	1,916,560	1,666,754	1,666,969
LESS EXPENDITURE					
Salaries		565,650	590,981	565,650	590,981
Presidential Honorarium and Expenses		20,785	18,039	19,035	18,039
Audit Fees		12,700	19,419	9,250	12,644
Bank Charges		31,003	26,875	30,779	26,772
Office Rental		44,274	48,352	44,274	48,352
Printing and Stationery		45,293	43,751	44,999	43,026
Newsletter Costs		80,173	79,857	80,173	79,857
PPI Insurance Premiums		151,620	156,460	151,620	156,460
Capitation Fees		-	-	29,060	26,160
Conference Expenses		-	115,833	-	115,833
Scholarship Awards		53,656	28,369	-	-
Marketing		117,147	75,358	116,937	70,453
Depreciation	5	63,582	11,686	63,345	11,333
Journal Costs		34,352	39,104	34,352	39,104
Other Expenses		465,831	431,731	350,667	332,943
Total Operating Expenses		1,686,066	1,685,815	1,540,141	1,571,957
Realised Gain/(Loss) on Investment (Impairment)/Impairment Reversal		(23,682)	9,011	10,758	-
		47,310	1,103	1,160	(6,076)
Net Surplus Before Taxation		173,015	240,859	138,531	88,936
Taxation Expense	3	5,359	21,547	5,359	21,547
Net Surplus For The Year		167,656	219,312	133,172	67,389

PHYSIOTHERAPY NEW ZEALAND INCORPORATED
 STATEMENT OF MOVEMENTS IN EQUITY
 FOR THE YEAR ENDED 31ST DECEMBER 2013

	Note	GROUP		PARENT	
		2013	2012	2013	2012
		\$	\$	\$	\$
Equity At Start Of Year		3,149,319	2,888,506	1,719,939	1,652,550
Net Surplus For The Year		167,656	219,312	133,172	67,389
Total Recognised Revenues and Expenditure		167,656	219,312	133,172	67,389
Equity Introduced		-	41,501	-	-
Equity At End Of Year	9	3,316,975	3,149,319	1,853,111	1,719,939

PHYSIOTHERAPY NEW ZEALAND INCORPORATED
STATEMENT OF FINANCIAL POSITION AS AT 31ST DECEMBER 2013

	Note	GROUP		PARENT	
		2013	2012	2013	2012
		\$	\$	\$	\$
Equity	9	3,316,975	3,149,319	1,853,111	1,719,939
Represented by;					
CURRENT ASSETS					
Bank Accounts	2	1,369,383	1,351,781	948,202	843,383
Investments	6	243,096	146,610	55,075	21,088
Accounts Receivable		40,547	23,803	39,392	16,238
Accounts Receivable – Related Parties		-	-	488,533	484,080
Taxation Refund/(Payable)	3	4,360	(7,090)	4,360	(7,090)
Prepayments		94,550	77,986	93,920	77,778
Stock on Hand		14,252	12,451	14,252	12,451
Other Current Assets		3,446	1,889	-	-
Total Current Assets		1,769,634	1,607,430	1,643,734	1,447,928
CURRENT LIABILITIES					
Accounts Payable		51,456	39,787	50,845	39,786
GST Payable/(Refund)		2,452	(10,834)	2,452	(10,834)
Accruals		119,905	75,690	54,847	55,334
Branches		-	-	235,222	175,677
Income in Advance		184,479	214,814	184,479	214,814
Total Current Liabilities		358,292	319,457	527,845	474,777
Working Capital Surplus		1,411,342	1,287,973	1,115,889	973,151
NON CURRENT ASSETS					
Plant, Property & Equipment	4	127,736	108,862	127,255	108,144
Investments	6	1,777,897	1,752,484	609,967	638,644
Total Non-Current Assets		1,905,633	1,861,346	737,222	746,788
Net Assets		3,316,975	3,149,319	1,853,111	1,719,939

President

Geoff Stutter

Dated this 28th day of April 2014

Executive Director

Sharon McLean

PHYSIOTHERAPY NEW ZEALAND INCORPORATED

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST DECEMBER 2013

1. STATEMENT OF ACCOUNTING POLICIES

These Financial Statements have been prepared to record the financial position and performance of Physiotherapy New Zealand Inc "PNZ"(previously New Zealand Society of Physiotherapists Inc), which is registered as an incorporated society, branches of Physiotherapy New Zealand Inc and, its subsidiary, the New Zealand Society of Physiotherapists Scholarship Trust, which is registered as a Trust.

These Financial Statements are general purpose financial statements and have been prepared in accordance with generally accepted accounting practice.

Measurement Base

The accounting principles recognised as appropriate for the measurement and reporting of earnings and financial position on an historical cost basis have been used, with the exception of certain items for which specific accounting policies have been identified.

Specific Accounting Policies

The following specific accounting policies which materially affect the measurement of financial performance and the financial position have been applied.

(a) Differential Reporting

Under paragraph 4.23 of the Framework for Differential Reporting, Physiotherapy New Zealand Inc (Consolidated) qualifies for differential reporting as it is not publicly accountable and it is not large. Physiotherapy New Zealand Inc (Consolidated) has taken advantage of all available differential reporting exemptions.

(b) Fixed Assets & Depreciation

All fixed assets are recorded at cost less accumulated depreciation. The entity has the following classes of fixed assets.

Depreciation Rates

Furniture, Fittings and Office Equipment	6.5-60%
Website	50%
Computer Equipment	39.6-60%

Depreciation has been calculated using the diminishing value method, based on the estimated useful life of the asset.

(c) Foreign Currencies

Transactions denominated in foreign currencies are converted at the exchange rate current at the transaction date. Foreign currency receivables and payables are converted at exchange rates current at balance date. Foreign exchange gains or losses are included as income or expenses respectively in the Statement of Financial Performance.

(d) Basis of Consolidation

The Group financial statements consolidate the financial statements of PNZ and all entities over which PNZ has the power to control the financial reporting and operating policies.

(e) Goods and Services Taxation

These financial statements have been prepared on a GST exclusive basis, except for debtors and creditors and all transactions of the Scholarship Trust, which are GST inclusive. The Scholarship Trust is not registered for GST.

(f) Income Tax

PNZ is a non-profit body and therefore pays income tax on its investments and transactional income. A standard \$1,000 deduction has been applied in accordance with section DV8 of the Income Tax Act 2007.

PHYSIOTHERAPY NEW ZEALAND INCORPORATED

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST DECEMBER 2013

(g) Inventories

Inventories are recognised at the lower of cost, determined on a first in first out basis, and net realisable value.

(h) Investments

Equity investments and perpetual fixed interest securities are carried at the lower of cost and market value. Other fixed interest securities are stated at costs less impairment with the premium or discount on purchase being amortised on a straight line basis.

(i) Receivables

Receivables are stated at their estimated realisable value. Bad debts are written off in the year in which they are identified.

(j) Changes in Accounting Policies

There have been no changes in accounting policies. All policies have been applied on bases consistent with those used in previous years.

(k) Revenue

Revenue is recognised on an accrual basis in the period to which it relates. Revenue received for the following accounting period is treated as Income in Advance.

2. CASH AND CASH EQUIVALENTS

	GROUP		PARENT	
	2013	2012	2013	2012
	\$	\$	\$	\$
Bank	415,145	675,242	182,697	296,680
First NZ Capital Cash Accounts	157,023	172,244	69,760	42,408
Term Deposits	797,215	504,295	695,745	504,295
Total Cash and Cash Equivalents	1,369,383	1,351,781	948,202	843,383

PHYSIOTHERAPY NEW ZEALAND INCORPORATED

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST DECEMBER 2013

3. TAXATION

As the Scholarship Trust is non-taxable, the following taxation relates solely to PNZ. The Scholarship Trust is registered with the Charities Commission and is therefore exempt from Income Tax.

	2013	2012
	\$	\$
Taxable Income	63,577	77,953
Exemption	(1,000)	(1,000)
Assessable Income	62,577	76,953
Taxation thereon at 28%	17,522	21,547
Overprovision of prior year taxation	(12,163)	-
Taxation Expense	5,359	21,547
Resident Withholding Taxation Paid	21,882	20,966
Prior Year Balance Brought Forward	(12,163)	(6,509)
Total Taxation to Pay/ (Refund)	(4,360)	7,090

4. PROPERTY, PLANT AND EQUIPMENT

	GROUP		PARENT	
	2013	2012	2013	2012
	\$	\$	\$	\$
FURNITURE, FITTINGS AND OFFICE EQUIPMENT				
At Cost	64,239	51,592	62,640	49,993
Less Accumulated Depreciation	(25,403)	(32,946)	(24,285)	(32,065)
	38,836	18,646	38,355	17,928
COMPUTER EQUIPMENT				
At Cost	88,346	92,717	88,346	92,717
Less Accumulated Depreciation	(76,823)	(69,236)	(76,823)	(69,236)
	11,523	23,481	11,523	23,481
WEBSITE				
At Cost	126,081	66,735	126,081	66,735
Less Accumulated Depreciation	(48,704)	-	(48,704)	-
	77,377	66,735	77,377	66,735
Total Property, Plant and Equipment	127,736	108,862	127,255	108,144

PHYSIOTHERAPY NEW ZEALAND INCORPORATED
 NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
 FOR THE YEAR ENDED 31ST DECEMBER 2013

	GROUP		PARENT	
	2013 \$	2012 \$	2013 \$	2012 \$
5. DEPRECIATION EXPENSE				
Furniture, Fittings and Office Equipment	3,190	4,003	2,953	3,650
Computer Equipment	11,688	7,683	11,688	7,683
Website	48,704	-	48,704	-
Total Depreciation	63,582	11,686	63,345	11,333
6. INVESTMENTS				
CURRENT				
First NZ Capital Portfolio	243,096	146,610	55,075	21,088
Total Current Investments	243,096	146,610	55,075	21,088
NON CURRENT				
First NZ Capital Portfolio	1,777,897	1,752,484	609,967	638,644
Total Non Current Investments	1,777,897	1,752,484	609,967	638,644
Total Investments	2,020,993	1,899,094	665,042	659,732
Market Value of Investments	2,227,544	2,065,702	781,708	745,124
7. OPERATING REVENUE				
Conference Income	-	77,557	-	77,557
Newsletter Advertising	70,487	60,919	70,487	60,919
PPI Insurance Premiums	177,224	191,778	177,224	191,778
Subscriptions Received	1,236,714	1,193,098	1,236,714	1,193,098
Sundry	99,442	233,691	18,660	67,427
Total Operating Revenue	1,583,867	1,757,043	1,503,085	1,590,779

PHYSIOTHERAPY NEW ZEALAND INCORPORATED

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST DECEMBER 2013

8. GROUP ENTITIES AND RELATED PARTIES

Entity Name	Type of Entity	Related Party Transaction
Physiotherapy New Zealand Inc (parent)	Incorporated Society	Has a loan receivable from The NZ Society of Physiotherapists Scholarship Trust of \$488,532 (2012: \$484,080).
The New Zealand Society of Physiotherapists Scholarship Trust	Charitable Trust	Has a loan liability of \$488,532 (2012: \$484,080) owing to PNZ. The loan increased as PNZ paid legal fees on behalf of the Scholarship Trust in 2013 of \$4,600 and PNZ received \$148 from the University of Otago relating to unspent scholarship funds on behalf of the Scholarship Trust. Has a loan liability of \$37,465 (2012: \$35,886) owing to the Waikato/Bay of Plenty Branch which includes \$1,579 of interest applied to the loan in 2013.
The New Zealand Society of Physiotherapists Auckland Branch Inc	Incorporated Society	Capitation fees paid from PNZ of \$6,980
The New Zealand Society of Physiotherapists Waikato Bay of Plenty Branch Inc	Incorporated Society	Capitation fees paid from PNZ of \$4,310 Has a loan receivable of \$37,465 (2012: \$35,886) owing from the NZ Society of Physiotherapists Scholarship Trust which includes \$1,579 of interest earned in 2013.
The New Zealand Society of Physiotherapists Hawkes Bay Branch Inc	Incorporated Society	Capitation fees paid from PNZ of \$1,130
The New Zealand Society of Physiotherapists Middle Districts Branch Inc	Incorporated Society	Capitation fees paid from PNZ of \$1,800
The New Zealand Society of Physiotherapists Wellington Branch Inc	Incorporated Society	Capitation fees paid from PNZ of \$3,010
The New Zealand Society of Physiotherapists Nelson/Marlborough Branch Inc	Incorporated Society	Capitation fees paid from PNZ of \$960
The New Zealand Society of Physiotherapists Canterbury Branch Inc	Incorporated Society	Capitation fees paid from PNZ of \$3,920
The New Zealand Society of Physiotherapists Otago Branch Inc	Incorporated Society	Capitation fees paid from PNZ of \$2,540
The New Zealand Society of Physiotherapists Southland Branch	Unincorporated Society	Capitation fees paid from PNZ of \$720
The New Zealand Society of Physiotherapists Northland Branch	Unincorporated Society	Capitation fees paid from PNZ of \$1,010
The New Zealand Society of Physiotherapists North Shore Branch	Unincorporated Society	Capitation fees paid from PNZ of \$2,680
The Canterbury Physiotherapy Charitable Trust	Charitable Trust	No related party transactions

PHYSIOTHERAPY NEW ZEALAND INCORPORATED

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST DECEMBER 2013

	GROUP		PARENT	
	2013	2012	2013	2012
	\$	\$	\$	\$
9. EQUITY				
Retained Earnings	3,234,053	3,149,319	1,770,189	1,719,939
PNZ Business Reserve	82,922	-	82,922	-
Total Equity	3,316,975	3,149,319	1,853,111	1,719,939
MOVEMENT IN RETAINED EARNINGS				
Balance at beginning of year	3,149,319	2,888,506	1,719,939	1,652,550
Net surplus for the year	167,656	219,312	133,172	67,389
Transfer to PNZ Business Reserve	(82,922)	-	(82,922)	-
Trust Equity Introduced	-	41,501	-	-
Balance at end of year	3,234,053	3,149,319	1,770,189	1,719,939
PNZ BUSINESS RESERVE				
Balance at beginning of year	-	-	-	-
Transfer from retained earnings	82,922	-	82,922	-
Balance at end of year	82,922	-	82,922	-

The PNZ Business Reserve has been created from the funds that were transferred from the New Zealand Private Physiotherapists Association to Physiotherapy New Zealand when it was disestablished in 2013.

During the 2012 year the Canterbury Trust was consolidated with the Group for reporting purposes with equity of \$41,501 introduced.

10. OPERATIONAL LEASE COMMITMENTS

OFFICE RENTAL

Due within one year	77,659	48,352	77,659	48,352
Due greater than one year.	382,957	-	382,957	-
Total Operational Lease Commitments	460,616	48,352	460,616	48,352

11. CAPITAL COMMITMENTS

At balance date there was a website development to make it interactive. A capital commitment of \$19,160 existed at balance date. (2012: \$60,000)

12. CONTINGENT LIABILITIES

At balance date there are no known contingent liabilities. (2012: nil)

13. SUBSEQUENT EVENTS

There were no subsequent events between balance date and the date these financial statements were signed.



PHYSIOTHERAPY NEW ZEALAND
Kōmiri Aotearoa

MOVEMENT FOR LIFE