Course Outline - Workshop "Retraining high-level mobility following neurological injury"

High-level mobility, such as the ability to run, has received very little attention in the neurological rehabilitation literature. There has been little attempt to quantify higher levels of mobility, such as running, jumping and hopping in the post-acute phase despite its importance for participation in many employment, social, leisure and sporting roles, particularly for the younger survivors of ABI.

This workshop will discuss a framework for retraining high-level mobility, and use this framework to demonstrate case studies in retraining higher levels mobility skills in people with neurological injuries. The nature and extent of running disorders will be identified, intervention outcomes demonstrated and methods for assessing high-level mobility will be explained.

References